



MINI HOOPERS

2024

"FUN IS THE NAME OF THE GAME!"

Welcome to the City of West Linn, Parks & Recreation Mini-Hoopers basketball program.

THANK YOU to each of you; your involvement as a volunteer coach is extremely important to this program. Please read all of the information in this coaches handbook carefully. Please keep this handbook and all other materials such as layer registration forms, Rosters, etc., with you at all practices and games.



CONTACTS

Laura

Desk: 503-742-6043

Email: Lmeis@westlinnoregon.gov

Office Hours: M-7:30-11:30, T- 1-5:30, W-8-11:30, Th- 7:30-3:30

Parks & Rec Main Line :M-Th 7:30am-5:30pm: 503-557-4700



Ball Size: "Junior" Size 5, 27.5in



Hoop Height: Kinder- 7ft

1st & 2nd - 8.5ft



Game Time: Kinder- 6 periods, 4 min ea

1st & 2nd - 8 periods, 4 min ea

WE DO NOT KEEP SCORE!

RULES OF PLAY



No food or drinks allowed in gyms.

1. Game scores will not be kept.
2. Each Coach will play all players in attendance at a given game equally during that game. Coaches and parents should contact Parks & Recreation if this rule is not being strictly followed.
3. A coach/representative from each team will act as the officials/coach on the floor for the game. The coach's purpose is to keep the game flowing, call violations and fouls as necessary.
4. Players will be matched up by coaches using wristbands based on ability/size/experience at the start of the game and each rotation. Switches can be made to correct mismatches during periods.
5. Home team starts with the ball visitor's start with ball after half time.
6. Teams play 5 on 5 and the basket height will be 8 1/2 feet* and the official ball will be Junior size.
* Hoops will be adjusted to 7 feet for Kindergarteners.
7. Games will be 8 - 4 minute running time playing periods. There will be a 2-minute break at half time.
*Kindergarteners will play 6 -4 minute periods.
8. At the end of each 4 minute period, there will be an official time out. Clock will stop for substitutions and quick match up of players (switching wristbands). The clock will stop at the 4-minute point, but the referees will let the play continue until there is an appropriate stopping time. (For instance, they would not stop play in the middle of a fast break)
9. Violations (traveling, double dribble, etc.) will be called at the liberal discretion of the referees. It is our intent that you teach the players the rules of the game, but keep the game flowing.
10. On all called fouls the team fouled will be given the ball out of bounds, nearest where foul occurred.
11. Teams will play man-to-man defense only. Double-teaming is not allowed at this level. Players should match-up with player on other team to guard with a matching color wristband. Man-to-man defense only, no zone or defender double teams at any time on the court. Each defensive player must stick with the player they are guarding, the player on the opposite team who wears the same color wristband, until a shot or pass is attempted by the offense.

RULES OF PLAY



12. NO STEALING off the dribble. Stealing off the dribble will result in a return of possession. Reaching in and bumping player with ball will be called fouls. We would like to encourage good defensive position and the opportunity for the kids to work on good offensive dribbling until a shot or pass is attempted by the offense.

If an illegal double team occurs, like with an illegal steal off the dribble, the coach/referee will blow the whistle, explain the violation, and let the offense continue possession with the ball at the top of the key.

13. Shot blocking. To defend a shot attempt, hands must be straight up in the air. Defenders are not allowed to leave their feet to block a shot. There will be no “swatting” for a blocked shot.

Blocked shots are only allowed when a defensive player is between their player and the basket, in proper defensive position with both feet on the ground and their hands extended straight up above their head. No blocks from behind or the side are allowed. No extending arms out over the top of a player to “stuff” a shot attempt.

If violations occur for #11, 12 or 13 the coach/referee will blow the whistle, explain the violation, and let the offense continue possession with the ball at the top of the key.

14. Defensive team must allow the ball to completely cross half court line before defensive pressure starts.

15. No full court pressing allowed. Once a player gains control of the ball in the backcourt, that team must be allowed to move the ball unhindered past the centerline.

16. Verbal abuse, bad comments, trash talking etc. at other players, coaches, or referees will not be tolerated. Any reports of violations can result in player, coach, or spectator ejected from gymnasium.

17. At the end of each game, teams will shake hands, and clear the court to allow the next game to start. Fun is the name of the game. Help the kids to learn the game of basketball, good sportsmanship and have fun.

KINDERGARTEN ADJUSTMENTS:

1. Hoops will be adjusted to 7 feet for Kindergarteners.
2. Kindergarten will play 30m games.

LEAGUE GUIDELINES & REGULATIONS



LEAGUE INFORMATION:

If you ever have any questions or comments in regards to this program, please contact Allissa Caceres at the City of West Linn, Parks & Recreation office at 503-557-4700, 1:30 – 5:30pm . Or speak with any other team member during regular office hours, Monday - Thursday, 7:30-a.m. - 5:30 p.m. and open every other Friday 730 a.m. – 4:30 p.m. E-mail Allissa- acaceres@westlinnoregon.gov.

PHILOSOPHY:

The main objective of this program is to provide boys and girls with an introduction and skill building opportunity in the sport of basketball. The emphasis in this program is on participation, skill development, self-esteem, confidence building and most of all, **HAVING FUN**. Providing the opportunity for the kids to have fun is the most important thing you need to do as a coach.

COACHES:

The coaches in our program are typically parent/community volunteers with a passion for the game. Every coach undergoes a background check prior to the start of the season.

It is a coaches responsibility to contact your players and let them know that they have been placed on your team. We also encourage coaches to hold a parent/team meeting probably at your first practice. This is a good time to recruit an assistant coach, team parent, and other volunteers from your team.

SAFETY:

Player safety is of foremost concern to all leagues involved. There must always be two (2) adults present with players in a gym. In case of emergency, one adult can attend to the injured player and the other adult can attend to the team.

SPECTATORS:

Please remember you are a role model to all children in attendance and we ask that you behave as such. Please remain in the gym at all times, wandering the school is prohibited. Spectators/players may NOT sit/stand on the stage.

TEAM PICTURES:

Pictures are provided by Northwest Sports Photography, and will be scheduled on a Saturday during the season.

MANDATORY PLAY RULE

Each coach will play all players in attendance at a given game equally during that game. Exception to this rule is illness or injury. Coaches and parents should contact Parks & Recreation if this rule is not being strictly followed.

LEAGUE GUIDELINES & REGULATIONS



BUILDING USE:

NO FOOD OR DRINKS IN GYMS. ONLY WATER!

The West Linn/Wilsonville School District has demonstrated strong support for our program. We are proud of the condition of our buildings and hope you will help us keep them clean and in good repair.

1. Children should stay in the gym area. They should not be wandering through the buildings.
2. Children should be supervised by adults at all times and should not be dropped off at a facility to be picked up later.
3. Players and other children should not use balls in the halls or any other area inside a building other than in the gym.
4. Stages can be used for sitting but not for running and playing. Please see that children are kept off them.
5. No gum chewing allowed in the buildings.
6. School District policy forbids alcoholic beverages or tobacco products on School grounds. This includes all outside areas.

GYMS ARE A VITAL RESOURCE FOR THE ORGANIZATION. HELP US INSURE THEIR CONTINUED USE BY TAKING RESPONSIBILITY FOR FOLLOWING THE ABOVE RULES AND KEEPING AN EYE OUT FOR POSSIBLE BEHAVIOR THAT COULD THREATEN THAT USAGE.

PRACTICES:

There is the potential that some practice times may be changed or conflicts may arise. If conflicts arise contact our office to reschedule practices.

GAMES:

Games will be held on Saturdays at Sunset Primary School. Game times will fluctuate weekly for all teams. Schedules are included in this packet for coaches, who should ensure that all players/parents receive copies. Teams should not show up more than 5 minutes early for their game. Games must start on time in order to get all of the games completed.

EQUIPMENT:

Basketballs are junior size (size 5, 27.5in) to use for practices and games will be provided. These will be issued to coaches at the start of the season. Please ensure that all basketballs are returned at the end of the season. We encourage you to have kids bring a ball if they have one.

UNIFORMS:

Teams will receive uniforms that are theirs to keep. Coaches should distribute appropriate size to the kids as best as you see fit. These are for the kids to utilize during the season for games, and to keep after the season. If there are issues with uniforms contact Allissa.

LEAGUE GUIDELINES & REGULATIONS



EMERGENCIES/ACCIDENTS:

At each facility, there is access to a phone, and you will be issued first-aid kits. If a serious accident occurs, please take the following steps:

1. Have someone call 9-1-1 and/or contact parents (coach should have parent's information with him or her at all practices/games.)
2. Try to locate someone who is certified in first aid, and see if that person can help. Never attempt first aid unless properly trained and certified.
3. For any accident other than a minor mishap, coach needs to inform the City of West Linn, Parks & Recreation office as soon as possible, and will need to fill out a incident report. Incident reports can be found in your folder.

INCLEMENT WEATHER:

Coaches need to be aware of potential inclement weather situations (snow, ice, etc.), which could affect games or practice. The policy regarding this situation is as follows:

Saturday Game Days: If there is inclement weather on a game day, take the following steps:

1. You will be notified as soon as we know games will be cancelled.
2. If games are cancelled, please notify call all of your players/parents immediately to inform them. Weekday game and Practice Days:

1. If West Linn/Wilsonville School District schools are closed due to inclement weather, all activities at schools are cancelled also, including "Mini-Hoopers" program. Practice and games will be held on days that schools open late.