



YOUTH ADVISORY COUNCIL MINUTES

Tuesday, March 8, 2022

4 p.m. – WebEx

Present Youth Advisory Council Members: Jake Frazier, Kogen Brown, Annamika Konkola, Mariam Hassan, Summer Tan, Liv Tinio, Karina Rower, Nate DeMoro, Isabelle (guest speaker from YouthLine)

West Linn Staff Members: Dylan Digby, Danielle Choi

West Linn City Council Members: None

Absent: Danny Milstein, Elijah McKinley, Declan Winder, Aubrey Cutler, Macy Gong, Leia Gallo, Madeline Brown, Caroline Nielsen, Drayton Nimz, Emily Newbore

Call to Order: Meeting called to order by President Summer at 4:08 pm

Approve minutes: Minutes will be approved at a later date

Public Comment: None

Mental Health Guest Speaker: Isabelle, outreach coordinator for teen-to-teen crisis support and helpline YouthLine, came to speak to the group at Caroline's request. She explained the mission of the organization and logistics like hours. YouthLine offers education and outreach about teen mental health issues, classroom visits, tabling events, and mental health legislation advocacy and advisement. Their School Suicide Prevention Wellness Coordinators also help schools understand legislation like Adi's Act and offer mini-grants for schools.

Liv suggested YAC find ways to make YouthLine more visible in WL schools. Isabelle said they've been overloaded since 2021 because of the pandemic and are in need of more volunteers. She explained how volunteering with them works.

Summer said Caroline mentioned something about YouthLine offering mental health lesson plans. Isabelle explained about the various topics, such as healthy decision-making, healthy relationships, and suicide awareness lesson plans.

Summer and Liv asked for details about how many can participate in a lesson and Isabelle explained the programs are designed for up to forty students at once, except for strictly informational presentations to larger audiences.

Liv said it would be beneficial to have YouthLine come do workshops at their own school, and Summer asked how YAC members can get involved. Isabelle asked how they want to be involved, and the group discussed scheduling, facilitation and promotion. Isabelle invited members to email her directly at isabellec@linesforlife.org with potential dates. All lessons are free and now is the best time to get on the calendar.

Summer opened it to questions from the group, and Mariam said that involving underclassmen would be critical to continue a relationship with YouthLine in the future once upperclassmen have graduated.

Jake asked if the curriculum was different for students and teachers, and whether YouthLine teaches teachers to identify students in need or how to be more approachable. Isabelle explained that they do, but emphasized that teachers are not mental health professionals and are best used to direct students to more appropriate resources. She explained that this is also why lessons are not made publicly available online; training is required to deliver them.

Attendance Policy: Summer reiterated the attendance policy, emphasizing the need to provide notification to city staff to excuse any missed meetings. After two excused or four unexcused absences, members are assumed to have voluntarily resigned their positions on the YAC according to current bylaws. It was agreed to send letters to members who have not been attending to formally notify them of their resignations. This will make quorum easier to achieve.

SOLVE Event Follow-up: Summer asked how the SOLVE event on Saturday went. Danielle replied that she was there along with Declan, but they have never met before and did not recognize each other. Kogen said he was also there with Declan.

Drug Drop-Off Box: Summer asked Jake for an update on the Drug Drop-Off Box project. Jake reiterated his most recent discussion with the School Resource Officer, who said that YAC needs a container that can be moved and secured. Jake offered to reach out to Willamette Christian Church to look at dates. Summer asked Dylan if it was permissible for them to discuss dates over email, and Dylan agreed.

Other Business: When to hold the next meeting in light of spring break was discussed. It was agreed to hold it as scheduled on the 22nd. Summer asked if it would be possible to send out the letters of resignation before then, and Danielle agreed to prepare and send them.

Adjournment: Meeting was adjourned at 5:02pm by President Summer.

Next meeting March 22, 2022 @ 4:00pm

Minutes approved: