



CITY OF WEST LINN PARKS & RECREATION

Activities

**SUMMER
2016**

Class Registration

Events Guide

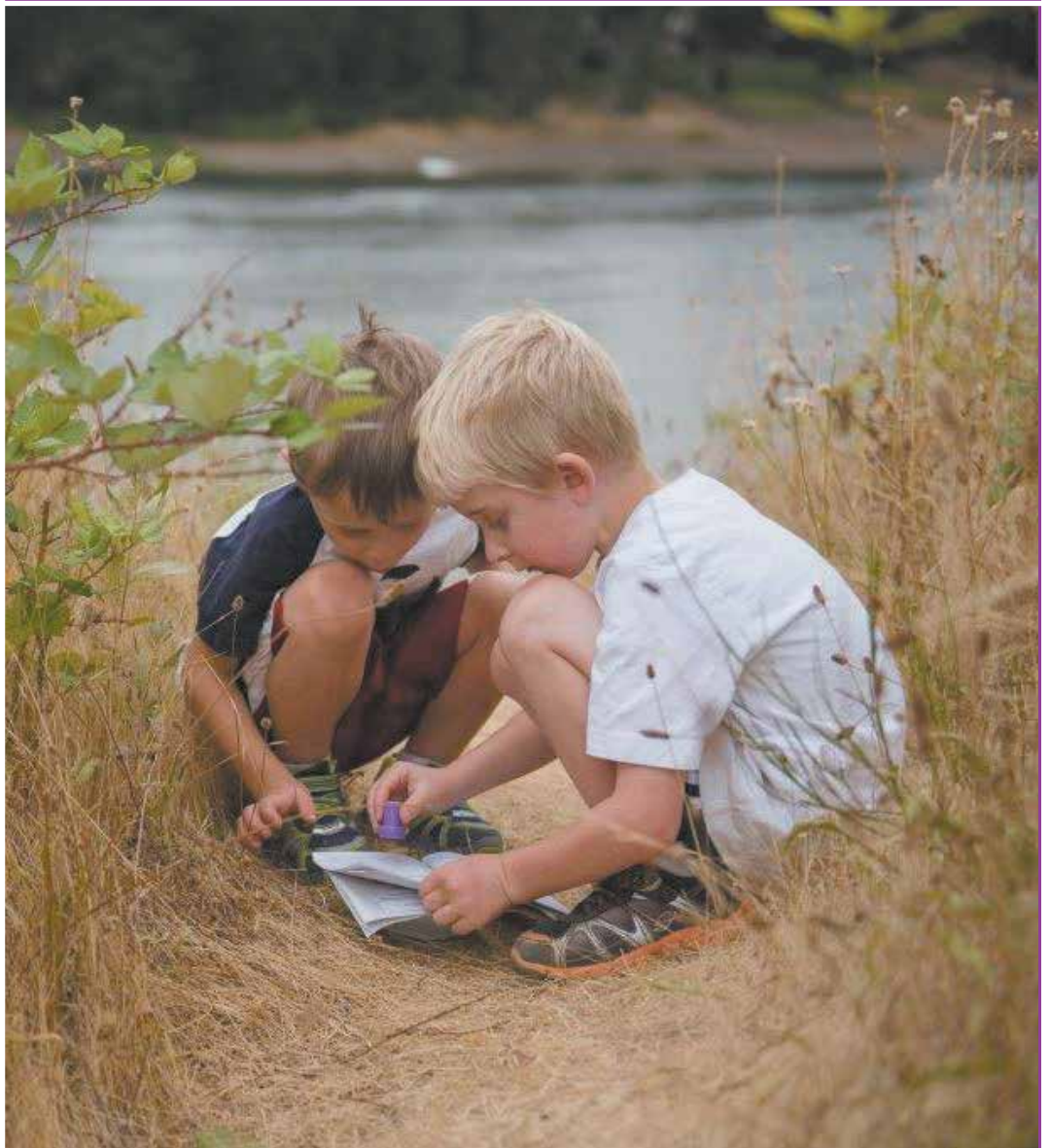
Senior Programs

Park Information

**City of West Linn
Parks and Recreation
Department**

22500 Salamo Rd., #1100
West Linn, OR 97068

Phone: 503-557-4700
Fax: 503-656-4106



City of West Linn Parks & Recreation

Parks and Recreation Mission Statement

To provide life enhancing experiences and to promote a healthy community. This is accomplished by providing safe, attractive, and well maintained parks, facilities, trails and open spaces, as well as, creative and challenging recreation programs for the leisure time enjoyment of West Linn citizens of all ages.

Thank You West Linn/Wilsonville School District

Many of our activities are made possible because of cooperative use of School District facilities. We extend our appreciation to the District, School Board members, school staff and administrative staff for their support of the West Linn Parks and Recreation Department.

General Information

**Online Registration available at
www.westlinnoregon.gov**

Here's How To Register

City Residents – Online and mail-in begins March 31.
Phone-in and walk-in April 4, 7:30 am-5:30 pm.
Please provide proof that you live in-city.

Out-of-City – All forms of registration begins April 4.

Cancellations

- The Parks & Recreation Department reserves the right to cancel any class or activity due to weather, facility considerations, or insufficient enrollment.
- If schools are closed due to inclement weather, classes are not held.

Refund Policy

- 100% refund if City of West Linn cancels class.
- 100% minus a \$10 processing fee, if you request a refund prior to the first class unless otherwise stated in class description.
- In lieu of a refund, you may request a credit and the \$10 fee will be waived. All credits are non-refundable.
- After a class has begun, credits will be issued on a prorated basis.

West Linn Residency — West Linn residents receive a discounted rate for classes. Most programs have a Non-West Linn resident fee of \$5 per class. You are a “resident” if you own or rent property inside the city limits of West Linn. If you are not sure if you reside in city limits, call 503-557-4700.

Scholarships — Scholarships are available to West Linn residents who need financial assistance. For information on receiving a scholarship or donating to the fund, call 503-557-4700.

Special Accommodations — In compliance with the Americans With Disabilities Act, if you have a disability or need an accommodation please include a note with your registration.



Scan and Explore — Use your mobile device to scan the QR code on the left to go directly to West Linn Parks & Recreation's Facebook page. Once there, you can bookmark for future use. You will need to download a QR scanner application for your mobile device.

Recreation Program Sites

ADULT COMMUNITY CENTER	1180 Rosemont Rd
ATHEY CREEK MIDDLE SCHOOL	2900 Borland Rd
BOLTON SCHOOL	5933 Holmes St
CEDAR OAK SCHOOL	4515 Cedaroak Dr
CITY HALL	22500 Salamo Rd
FLOURISH PILATES	1785 Willamette Falls Dr, Ste. 8
HAMMERLE PARK	1505 Lewis St
HARMONY ROAD MUSIC CENTER	17300 SE 82nd Dr, Clackamas
HAPPY TRAILS RIDING CENTER	20560 Fernview Rd
MARYLHURST HEIGHTS PARK	1800 Valley View Dr.
MARY S YOUNG PARK	19900 Highway 43
ROBINWOOD PARK	3600 Fairview Way
ROSEMONT RIDGE MIDDLE SCHOOL	20001 Salamo Rd
SACHI WELLNESS	2008 Willamette Falls Dr, Suite A
STAFFORD SCHOOL	19875 Stafford Rd
SUNSET FIRE HALL	2215 Long Street
SUNSET SCHOOL	2351 Oxford Street
SUNSET PARK	4665 Bittner St
TANNER CREEK PARK	3456 Parker Rd
THE CAKE ROOM	2375 Falcon Drive
TRILLIUM CREEK SCHOOL	1025 Rosemont Rd
WEST LINN HIGH SCHOOL	5464 West A St
WILLAMETTE PARK	1100 12th St
WILLAMETTE SCHOOL	1403 12th Street

Register for classes early!!

All of our classes have minimums and maximums, and we do not want you to miss out on one of our great classes. So, please sign up early to avoid cancellations.

City of West Linn Parks & Recreation

West Linn Sports Associations

Willamette United Soccer Inc 5 years & up

Club Administrator-503-638-9777
Website: www.willamettesoccer.com

Boys Lacrosse Grade School & up

Mark Flood-503-650-6343
Website: www.westlinnlax.com

Recreation basketball 1st-8th Grade

Parks & Recreation Department
Register Sept. & Oct.

West Linn Youth Basketball Association

Website: www.wlhoops.com
Winter Season-Select Teams grade 4- 8

West Linn Baseball Association

Website: www.westlinnbaseball.org

West Linn Girls Lacrosse 3rd-8th grade

Website: www.westlinngirlslax.com

West Linn Youth Football League 3rd-8th grade

Website: www.westlinnfootball.org

West Linn Softball Association 6 years & up

Website: www.westlinnsoftball.org

Portland Water Spectacular

No experience necessary! The only thing required is a commitment to have fun. Skiers and support personnel such as Boat Drivers, Boat riders/spotters, actors for shore routines, announcers and sound system personnel, and costume designers are just some of the needed persons.
www.portlandwaterspectacular.com



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City of West Linn Parks & Recreation Department

22500 Salamo Road #1100, West Linn, OR 97068
Phone: 503-557-4700 | Fax: 503-656-4106

Advisory Board

Don Kingsborough, Vicky Handy,
Rob Waibel, Steve Millage, Sarah Silvernail,
Steve Miesen, and Scott Etheridge

Office Hours:

Monday-Thursday, 7:30 am-5:30 pm
and every other Friday 7:30 am-4:30 pm
Closed Legal Holidays

Youth Programs & Summer Camps

Presented by

Harmony Road Music Center

17300 SE 82nd Drive, Clackamas

Toddler Tunes

Ages 20 months-3

Toddler Tunes is a joyful, first music experience for your toddler. You and your child will share movement, singing and musical games, finger plays, and keyboard games.

FEE: IC \$70/OC \$75

7/18-7/27	M & W	10-10:30 am	5500.301
8/2-8/11	T & Th	10-10:30 am	5501.301

Hello Music

Ages 3-4

Hello Music offers an introduction to solfege singing, movement, rhythm, keyboard playing and creative activities. This program gives the child a strong readiness for continued musical involvement. Parents participate in class.

FEE: IC \$85/OC \$90

6/7-6/28	T	10:30-11:15 am	5502.301
7/18-7/27	M & W	10:30-11:15 am	5503.301
7/18-7/27	M & W	3:30-4:15 pm	5504.301
8/2-8/11	T & Th	10:30-11:15 am	5505.301
8/2-8/11	T & Th	3:30-4:15 pm	5506.301

Musictime

Ages 4 1/2-6

Musictime is an Introductory program for preschoolers ages 4 1/2 to 6. It provides an introduction to solfege singing, movement, note concepts, keyboard/piano playing, finger readiness, rhythms, and creativity. This experience provides a strong base for continuing classes. Parents participate in class.

FEE: IC \$85/OC \$90

6/7-6/28	T	11:15 am-12 pm	6175.301
7/18-7/27	M & W	11:15 am-12 pm	6176.301
7/18-7/27	M & W	4:15-5 pm	6177.301
8/2-8/11	T & Th	11:15 am-12 pm	6178.301
8/2-8/11	T & Th	4:15-5 pm	6179.301

Young Musician Intro Class

Ages 6-7

Young Musician students learn beginning music concepts through singing, ear training, note reading, keyboard solo and ensemble playing, rhythm ensemble and creative activities. This course provides a strong basis for further musical study. Parents participate in class.

FEE: IC \$85/OC \$90

7/18-7/27	M & W	5:15-6 pm	6184.301
8/2-8/11	T & Th	5:15-6 pm	6185.301

Keyboard Prep Intro Class

Ages 8-11

Keyboard Prep is an exciting introduction to keyboard/piano playing. Sessions include ear training, solfege singing, note reading, composing, solo and ensemble playing- a great preparation class for continuing study. Parents participate in class.

FEE: IC \$85/OC \$90

7/18-7/27	M & W	6-6:45 pm	6188.301
8/2-8/11	T & Th	6-6:45 pm	6189.301

Composing 101

Ages 6 and older

Learn basic of beginning composing. Students will review basic composing techniques and musical forms, improvise melodies and sequences, develop a motif, compose an original song and an original class song.

Pre-requisite: Elementary Piano Skills

FEE: IC \$100/OC \$105

8/1-8/10	M & W	5-6 pm	6191.301
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Harmony Road Music Camps

Jr. Music Camp

Ages 4-6

Junior Music Camp is an activity-oriented musical experience for four to six year old learners. Camps meet two hours daily for one week and are led by a certified Harmony Road teacher and a teaching assistant. No previous musical experience required. Your child will explore a different theme each day through music and craft activities. Themes include Dinosaurs, The Nutcracker, Teddy Bears, Peter and The Wolf; Carnival of The Animals. Students will make a different "instrument" each day. Parents are invited to attend a short program on the last day of camp.

FEE: IC \$120/OC \$125

7/18-7/22	M-F	12:30-2:30 pm	5507.301
8/8-8/12	M-F	12:30-2:30 pm	5508.301

Composer Camps

Ages 7-12

These fun, exciting & educational camps provide the young music student an opportunity to explore and experience the life and time of a major composer in music history. Campers experience the composer's life and music through singing, creative activities, keyboard solo and ensemble playing, rhythm ensembles, recorder ensembles, musical games, projects and composing. Students present a mini-concert during the last day of camp. Campers should be ages 7-12 and have a level one competence in music reading and key board skill.

FEE: IC \$125/OC \$130

7/25-7/29	M-F	10 am-12 pm	6186.301	Mozart
7/25-7/29	M-F	1-3 pm	6187.301	Haydn

Keyboard Orchestra Ensemble for Kids

Ages 6-12

This class gives students an opportunity to experience enjoyable keyboard and rhythm ensembles in a variety of musical styles. This "summer band" experience will strengthen reading and hearing skills and encourage good performance technique. Students will perform finished ensembles at the last class of the session.

FEE: IC \$100/OC \$105

7/19-7/28	T & Th	5-6 pm	6180.301
*Early Ensemble			
7/19-7/28	T & Th	6-7 pm	6181.301
*Intermediate Ensemble			

Summer Pop Class

Ages 6-12

Class will include a review of basic music concept and theory. Students will explore chord and rhythm patterns in popular songs from movies and TV. They will learn 2-4 pieces from a variety of TV Shows and Movies and perform them at the last class of the session.

FEE: IC \$100/OC \$105

8/1-8/10	M & W	6-7 pm	6182.301
* Early Ensemble			
8/1-8/10	M & W	7-8 pm	6183.301
* Intermediate			



Youth Programs & Summer Camps

Half-Day Mini Camps for Ages 4-6

Led by Parks and Recreation Staff — campers must be 4-6 years of age during camp session

Shorty Sporty Camps

These mini-camps are designed as an introduction to different sports activities, fun, exercise and learning are emphasized for encouraging the development of new skills in a non-competitive environment. Please wear sunscreen, bring a water bottle and snack.

Max 24 (Camper to staff ratio is 8:1)

FEE: IC \$54/OC \$59

All Sessions 9:30 am-12 pm



June 27-July 1	Soccer		
Hammerle Park	6450.301		
*July 5-8 \$44/\$49	Multi Sport	Tanner Creek Park	6451.301
July 11-15	Baseball/Softball	Hammerle Park	6452.301
July 18-22	Basketball	Tanner Creek Park	6453.301
July 25-29	Multi Sport	Robinwood Park	6454.301
Aug. 1-5	Soccer	Hammerle Park	6455.301
Aug. 8-12	Basketball	Robinwood Park	6456.301
Aug. 15-19	Multi Sport	Tanner Creek Park	6457.301

Mini Campers

This “mini” version of Fun in the Sun Camp is offered Monday through Friday, half-days, and is based on the traditional day camp model where youngsters play and interact outdoors with other children their age. Our activities are designed to enhance the physical, social and emotional well being of the child. Activities are related to a weekly theme and include: games, arts & crafts, stories and special visitors. Please wear sunscreen and bring a water bottle and snack.

Max 24 (Camper to staff ratio is 8:1)

FEES: IC \$54/OC \$59

*IC \$44/OC \$49 week of July 5-8

All Sessions 12:45-3:15 pm

June 20-24	Wizards & Wands	Tanner Creek Park	6458.301
June 27-July 1	Frozen	Hammerle Park	6459.301
*July 5-8	Superheroes!	Tanner Creek Park	6460.301
July 11-15	Food Fun	Hammerle Park	6461.301
July 18-22	Disney	Tanner Creek Park	6462.301
July 25-29	Under the Sea	Robinwood Park	6463.301
Aug. 1-5	Dr. Suess	Hammerle Park	6464.301
Aug. 8-12	Knights & Princesses	Robinwood Park	6465.301
Aug. 15-19	Circus Days!	Tanner Creek Park	6466.301
Aug. 22-26	Plants & Bugs	Tanner Creek Park	6467.301

West Linn's Safety Town

Ages 4-6 (must be this age during camp session)

Safety Town is a 1 week day camp for children ages 4-6. The children learn how to handle many hazardous and potentially dangerous situations. Guest speakers include a Trauma Nurse from Legacy Emanuel Hospital, Tualatin Valley Fire & Rescue, West Linn Police Department, First Student and more. Additionally, children will learn how to wait for and ride the school bus safely, poison awareness, stranger danger, and how to call 911. The program includes a t-shirt, daily snack and craft. Please have child bring their helmet each day.

*On Friday families are invited to a complimentary Bike Rodeo and barbeque activity from 11 am- 12 pm.



Min 20 Max 48

FEE: IC \$65/OC \$70

June 20- 24	M-F	9- 11 am	5000.301
August 22- 26	M-F	9- 11 am	5001.301

Youth Programs & Summer Camps

Fun in the Sun Day Camps for Ages 6-12*

*Must be this age during camp session.

Led by Parks and Recreation Staff

Do you want your child to have fun engaging opportunities that will support continued learning and personal growth over the summer months?

Fun in the Sun is an exciting recreation day camp offered in West Linn parks. This summer, we are offering one-week sessions of camp at Hammerle Park and Marylhurst Heights Park and Willamette Park. Register early, as space is limited. Maximum capacity at Hammerle and Marylhurst is 50 and Willamette is 40.

FUN IN THE SUN is a traditional day camp program designed to provide fun & exciting activities for youth. Our trained staff works daily to offer enrichment activities in the areas of: arts, games, social & cultural activities and nature study. The camps will take weekly field trips to various local activities and bring in presenters or activities each week. (Camper to staff ratio 10:1)

DAILY DROP-IN AVAILABLE on a first come first serve basis on site and if space is available. No Drop-In on Field Trip Days.

Daily Drop-In FEE is \$20.

WHAT TO BRING TO CAMP:

Sack lunch, water bottles, sunscreen, appropriate clothing and towel for Spray Pad use.

REGISTRATION FEES:

IC \$89/OC \$94



CAMP SESSIONS:

All sessions 10 am-3 pm

Marylhurst Heights Park:

June 27-July 1	6400.301	* Field Trip Zoo
July 5-8 \$71/\$76	6401.301	* Field Trip Alpacas At Marquam Hill Ranch
July 25-29	6402.301	* Field Trip OMSI
Aug. 1-5	6403.301	* Field Trip John's Incredible Pizza

Hammerle Park:

July 11-15	6404.301	* Field Trip Oaks Park
July 18-22	6405.301	* Field Trip Sky High Sports
Aug. 8-12	6406.301	* Field Trip Lake Theater-Movie
Aug. 15-19	6407.301	* Field Trip Ultrazone

Willamette Park:

June 20-24	6408.301	* Field Trip to Portland Children's Museum
June 27-July 1	6409.301	* Field Trip Zoo
July 5-8 \$71/\$76	6410.301	* Field Trip Alpacas At Marquam Hill Ranch
July 11-15	6411.301	* Field Trip Oaks Park
July 18-22	6412.301	* Field Trip Sky High Sports
July 25-29	6413.301	* Field Trip OMSI
Aug. 1-5	6414.301	* Field Trip John's Incredible Pizza
Aug. 8-12	6415.301	* Field Trip Lake Theater-Movie
Aug. 15-19	6416.301	* Field Trip Ultrazone
Aug. 22-26	6417.301	* Field Trip Clackamas Aquatic Park

Youth Programs & Summer Camps

Mad Science



Radical Robotics

Ages 8-14

Spend the week exploring the wonderful world of automation. From the very basics of robotics to the complexity of building TWO of your own robots! With all of the cool stuff you take home, including the two robots that you build yourself, you'll continue your exploration of the science of robotics long after your week with our Mad Scientist is over.

FEE: IC \$354/OC \$359

6/27-7/1 M-F 9 am-4 pm 6100.301
Athey Creek Middle School, RM 165

Imagination Academy

Ages 5-8

Discover, create and play! All aboard the imagination train as your Jr. Mad Scientist takes a journey around the world of science. Join the fun as we make our own inventions while exploring the world of inventors, learn to cast fossils in the domain of the dinosaurs, explore the vastness of space and create a comet, watch the pull of gravity with parachutes and feel the heaviness of the air pressure all around us!

FEE: IC \$167/OC \$172

7/11-7/15 M-F 9 am-12 pm 6101.301
Athey Creek Middle School, RM 165

Brixology LEGO Engineering

Ages 5-12

Brixology Camp sets the foundation for our next generation of makers! Learn

about the exciting field of engineering as a Mad Scientist guides you and your team to accomplish engineering-themed projects using LEGO bricks. Step in the shoes of an aerospace engineer while assembling a space station and delve into the physics of carnival rides, structural basics of bridges and nature's very own engineering marvels. Tinker with bricks during camp and build your own LEGO compatible brick models to test and rebuild a home! Get into engineering the Mad Science way!

FEE: IC \$167/OC \$172

7/11-7/15 M-F 1-4 pm 6102.301
Athey Creek Middle School, RM 165

Spy Academy

Ages 7-13

Look out 007-the Mad Science Spy Academy is in session! Step into the shoes of a spy in action from decoding messages to metal detectors and night vision. Campers will have the opportunity to check out spy equipment and even create their own edible message! Campers will use discover how to communicate stealthily like real spies.

FEE: IC \$167/OC \$172

7/18-7/22 M-F 9 am-12 pm 6103.301
Athey Creek Middle School, RM 113

Creative Contraptions! The Inventors Camp

Ages 7-13

Creative Contraption Warning! This camp will take junior inventors on a journey of discovery from the real life inventions of da Vinci, Edison and the Wright brothers to Isaac Asimov's dreams of future inventions. Each day campers will be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors

and the most important thing of all...their mind. With a little bit of ingenuity they'll construct catapults and forts and then lay siege, fabricate innovative flying contraptions, design their own gizmo prototypes, and will even assemble a working light saber to take home.

FEE: IC \$167/OC \$172

7/18-7/22 M-F 1-4 pm 6104.301
Athey Creek Middle School, RM 113

Rockets and the Science of Flight

Ages 5-8

Space, rockets, planes and flight...a little bit of everything for a rockin' good time! Our most popular camp, younger campers have a blast learning the hows and whys of aerodynamics by studying all things that fly: planes, kites, hot air balloons,

helicopters and of course rockets.

FEE: IC \$167/OC \$172

8/15-8/19 M-F 9 am-12 pm 6105.301
West Linn High School, RM A105

Rocket Lab

Ages 7-13

3...2...1...Blast Off! This camp is rockets, rockets and more rockets! Build and launch a rocket everyday as you learn all about, you guessed it, rockets! Your child is in for an action-packed week focused entirely on rockets and the physics of rocket flight! Campers will learn the importance of teamwork in launching rockets and will have the opportunity to try their hand at each role!

FEE: IC \$167/OC \$172

8/15-8/19 M-F 1-4 pm 6106.301
West Linn High School, RM A105

Summer Chess Camp

Ages 7-13

Whether you are a beginner or seasoned player, you are invited to join Coach Corbin for a fun-filled and stimulating week of chess. Corbin Yu earned the National Master title at the 2013 World Open and was a



3-time Oregon High School State Champion. During the week, he will introduce and guide students through key chess concepts on a large demonstration board. In doing so, students will develop a strong problem solving mentality. Coach Corbin will give personalized advice as they hone their skills against each other over the board, culminating in a camp tournament at the end of each week. Exciting Chess variants such as bughouse, progressive, and cylindrical chess will help students approach the game from fresh perspectives. Their fast pace and abstract problem solving are very popular with students. All skill levels welcome.

Min 4 Max 18

FEE: IC \$165/OC \$170

6/27-7/1 M-F 9 am-12 pm 6000.301

7/25-7/29 M-F 9 am-12 pm 6001.301

Athey Creek Middle School, RM 164



Lego Engineering Core Concepts

Ages 7-12
Not just any Lego's. Our student engineers will build and experiment with simple machines and motors to build cars that move and much more!
FEE: IC \$179/OC \$184
6/27-7/1 M-F 8:30 am-2:30 pm 6200.301
Sunset Firehall

Lego Jr.

Ages 4-6
Don't let the term "Jr." fool you. This is serious Lego-making business. We have a huge collection of Legos in store to help us create all kinds of great projects, and to test the kids' imaginations.
FEE: IC \$99/OC \$104
6/27-7/1 M-F 9 am-12 pm 6201.301
Sunset Firehall

Baking

Ages 7-12
Grab your apron! Students will learn baking skills through simple recipes, both sweet and savory. Each student will make a recipe book and crafts to bring home.
FEE: IC \$144/OC \$149
7/5-7/8 T-F 8:30 am-2:30 pm 6202.301
Sunset Firehall, Downstairs

Y Chef Around The World

Ages 7-12
No passport required to take this culinary journey around the world. Our chefs will learn about creating recipes, nutrition and using cooking utensils all while cooking new and exciting cuisine from all around the world.
FEE: IC \$179/OC \$184
7/11-7/15 M-F 8:30 am-2:30 pm 6203.301
Sunset Firehall, Downstairs

Invent It, Build It

Ages 7-12
This camp will rev up that inventive spirit! Each day we'll have a new design and new inventions. Kids will design, test and tweak their inventions while working through the scientific method. Sample challenges include a confetti launcher, a car that can be powered without a motor, or a speedy emergency shelter. The sky's the limit with a little creativity!
FEE: IC \$179/OC \$184
7/25-7/29 M-F 8:30 am-2:30 pm 6204.301
Athey Creek Middle School

Lego Engineering Electronics

Ages 7-12
This camp builds on our exciting Lego Engineering program by adding cool electronic components to the projects. Now, not only will our Lego creations move with motors and gears like our other camps, but we'll add lights, motion sensors, dials,

buttons, switches, buzzers and much more!
FEE: IC \$179/OC \$184
8/1-8/5 M-F 8:30 am-2:30 pm 6205.301
West Linn High School

Lego Jr-Blueprints and Buildings

Ages 4-6
Design your masterpiece and then create it! Each day your architect will be given a building project that they must first design using graph paper, and then build with Legos. Examples of projects include a picture frame, watermelon and balloon powered car.
FEE: IC \$119/OC \$124
8/1-8/5 M-F 9 am-12 pm 6206.301
West Linn High School

Acting

Ages 7-12
Whether you're a Drama Queen or King of Comedy, this camp is a mix of dramatic, comedic and improvisational acting. Our instructors have an extensive background in teaching the fundamentals of acting. Who knows, maybe a star will be born. Maybe that star is you!

FEE: IC \$179/OC \$184
8/1-8/5 M-F 8:30 am-2:30 pm 6207.301
West Linn High School

Y Chef-The Next Y Celebrity Chef

Ages 7-12
Calling all wanna-be culinary geniuses! Inspired by our favorite reality food shows, our epicurean chef's will craft delectable recipes and meals in food challenges and friendly competitions. No previous cooking experience required, just a love for fun, food and getting creative in the kitchen.
FEE: IC \$179/OC \$184
8/8-8/12 M-F 8:30 am-2:30 pm 6208.301
Sunset Firehall, Downstairs

Young Picasso

Ages 7-12
Stir your imagination as you explore different textures, colors and shapes. Build self-confidence and develop an appreciation for art through hands on experience.
FEE: IC \$179/OC \$184
8/15-8/19 M-F 8:30 am-2:30 pm 6209.301
West Linn High School



Youth Programs & Summer Camps

Young Rembrandts Summer Camps

Multi-Media Wild West Workshop

Ages 8-13

Come Explore the Wild West with Young Rembrandts. We will draw a variety of objects, people and scenes found in the adventurous Wild West, while exploring different types of media. We will create a full scene of cowboy accessories using color pencils as well as draw a collection of fun rodeo cartoons. During the last day, we will be inspired with pastel chalks as we create a nighttime, fireside drawing worthy of praise. No experience necessary. Please wear an old shirt or smock on the last day. Materials fee included.

FEE: IC \$180/\$185

6/20-6/23 M-Th 9:30 am-12 pm 6150.301
Athey Creek Middle School, Rm 164

Pastel Drawing Workshop: Even More Magnificent

Ages 8-13

This Young Rembrandts Pastel Art Workshop will focus on four different artists. Each day, we will create a large, original pastel drawing replicating a famous artist's masterpiece. We will draw a colorful goldfish bowl as Henri Matisse did in his Goldfish painting. On day two, we will recreate Vincent Van Gogh's famous Starry Night complete with swirls throughout the sky. On day three, we will create powerful still life full of robust color of Paul Cezanne did often in his paintings. Day four will find us drawing Andre Derain's Portrait of Matisse. Each day will challenge us with the pastel media. But in the end we will be Masters ourselves. You will want the drawings framed! No experience necessary. Please wear an old shirt or smock to class

each day. Materials fee included.

FEE: IC \$200/\$205

7/18-7/21 M-Th 9:30 am-12:30 pm 6151.301
Athey Creek Middle School, Rm 164

Cartoon Adventures in Space

Ages 6-11

Join Young Rembrandts as we travel to the farthest reaches of the galaxy in our Cartoon Adventures in Space workshop. Futuristic scenes of other worldly adventures highlight the spectacular drawings our students will produce. We will join our own colorful cast of cartoon characters, like Sketch the mouse, Shade the cat and Dave the elephant. Not only will our students learn how to illustrate science fiction-inspired characters and moments, but they will also strengthen their drawing and coloring skills. From astronauts in jetpacks to out-of-this-world alien lifeforms, our students will learn how to compose well-drawn cartoon figures in dynamic poses. Get ready for four days of exciting, intergalactic imagery! Materials fee included.

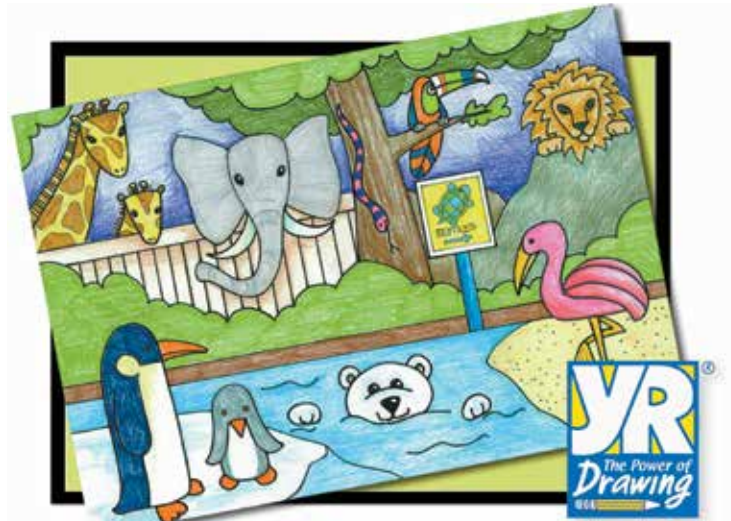
FEE: IC \$165/OC \$170

7/25-7/29 M-Th 9:30 am-12 pm 6152.301
Athey Creek Middle School, Rm 165

Pastel Drawing Workshop-Ocean Life

Ages 8-13

Four, fun-filled days await our students as we explore ocean life as they learn to draw and color with pastels. We will create detailed, pastel compositions on each day, focusing on a different ocean-themed subject. We will draw eye-catching sea stars along the shoreline and a pair of vibrant clown fish. We will illustrate a sea turtle with bold patterns, a blue crab and a wondrous scene



Young Rembrandts

of jellyfish. Our instruction will bring remarkable results, and you will want to head to the frame shop with your child's finished pastel pieces. These pastel drawings will reward students with a great sense of pride and accomplishment. Materials fee included.

FEE: IC \$200/OC \$205

8/1-8/4 M-Th 9:30 am-12:30 pm 6153.301
West Linn High School, Rm A102

Anime & Manga Workshop

Ages 7-13

Why sit in front of the TV and watch cartoons when you can draw amazing characters and awesome scenes of your very own? Join us for four, action-packed days as Young Rembrandts hosts a wonderful Anime and Manga Drawing Workshop. Our students will create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off the page. Our students will be

delighted as we create drawings that emulate the popular anime and manga art styles. Don't miss out on an exciting opportunity to produce wonderful artwork. Sign up today! Materials fee included.

FEE: IC \$165/OC \$170

8/8-8/12 M-Th 9:30 am-12 pm 6154.301
West Linn High School, Rm A102

Animal Drawing Workshop

Ages 6-11

Kids love to draw animals! We will imagine ourselves at the zoo as we learn to draw a variety of different animals. On the first and second days, giraffes, lions, tigers, birds and more will be drawn. Our final day will result in our large scene of the zoo, divided into several habitats and incorporating the many animal friends we have learned to draw. Markers or color pencils will complete both our realistic and graphic style drawings.

FEE: IC \$165/OC \$170

8/15-8/18 M-Th 9:30 am-12 pm 6155.301
West Linn High School, Rm A102

Youth Programs & Summer Camps



Van De Veere Summer Camps

View website at www.misskathleen.net
All classes at Sunset Fire Hall

Tumbling

6 week session, 2 classes/month
This class will focus on beginner dance tumbling, flexibility and poses. This class is great for the student who is looking to incorporate some beginner tumbling into their dancing like rolls handstands and cartwheels.
FEE: IC \$60 / OC \$65

Tumbling for Dancers ages 4-7

6/20-8/8 M 2-2:45 pm 6300.301

Tumbling for Dancers ages 4-7

6/20-8/8 M 2:45-3:30 pm 6301.301

Tumbling for Dancers ages 8-12

6/20-8/8 M 3:30-4:15 pm 6302.301

Tumbling for Dancers ages 8+

6/20-8/8 M 4:15-5:15 pm 6303.301

No Class 7/4

Tumbling for Dancers Ages 12+

Need a way to practice those tumbling skill you learned during the dance season? This class will focus on small progressions with your current tumbling skills as well as making your tumbling technique stronger.

FEE: IC \$60/OC \$65

6/20-8/8 M 5:15-6:15 pm 6304.301

No class 7/4

Broadway Hits Song & Dance Camp

Instructor, Miss Kathleen

Ages 8-16

Broadway 4 day camp & 5 day camps. Are you a ham!? Love to perform? This camp is for you! At VDV, we love our musical theater! Come and sing the hits of Broadway including Annie, Hairspray, Newsies and more! Learn proper vocal warm ups and learn staging and choreography

from Broadway's best shows. One of our most popular camps! New songs in each camp! Sign up for all of them! Comfortable clothes/ Dancewear. Sneakers or dance shoes.

FEE: IC \$42/OC \$46

7/12-7/15 T-F 10-11am 6305.301

FEE: IC \$54/OC \$59

7/18-7/22 M-F 10-11 am 6306.301

Dance 9-Day Technique Boot Camp! Beginning/Intermediate (Jazz level 1-3)

Ages 9 & up

Keep your skills up this summer with Miss Kathleen and stay busy stretching and mastering your jazz skills. This is for beginning/intermediate dancers only. Head across the floor and work your turns, leaps and new floor tricks! Dancewear and pirouettes.

Sign up now!

FEE: IC \$95/OC \$100

7/12-7/22 T-F&M-F 11am-12pm 6307.301

Dance 9-Day Technique Boot Camp! Intermediate/Advanced (Jazz level 4-5)

Ages 9 & up

Keep your skills up this summer with Miss Kathleen and stay busy stretching and mastering your jazz skills. This is for intermediate and advanced dancers only. Double turners and up! Head across the floor and work your turns, leaps and new floor tricks! Sign up now! Dancewear and pirouettes.

FEE: IC \$195/OC \$200

7/12-7/22 T-F & M-F 12-2 pm 6308.301

Glee Song & Dance Camp

Ages 8-15

One camp only! One of our most popular camps ever! 4 day Camp The tv show glee is packed with great songs! Come and learn a new one every day! Learn proper vocal warm ups then sing and dance your way through the many pop songs of glee!

Miss Blake makes learning fun and master your singing voice with the popular songs for this show. Includes staging and choreography! So fun!

Comfortable clothes/Dancewear. Sneakers or dance shoes.

FEE: IC \$54/OC \$59

7/18-7/22 M-F 2-3 pm 6309.301

Tiny Tutus Ballet Camp

Instructor, Miss Clara.

Ages 3-5

Tiny tutus Disney ballet...learn to dance like a Disney princess! 5-day camp. Your little one will find the turns, twirls and jumps in this class to be just what they need to become their very own Disney princess! Comprised of center and across the floor work, your child will learn the basics of ballet in a fun and exciting class. And, with a small dance at the end they will get to show you all they have learned! A great camp for beginning dancers! Leotard and tights requested, with ballet shoes.

FEE: IC \$48/OC \$53

7/25-7/29 M-F 9-9:45 am 6310.301

Disney Ballet Camp

Instructor, Miss Clara

Ages 6-8

Ballet basics for the new dancer! 5-day camp perfect for the new ballerina or a dancer who has 1-2 years of experience! This class will be non-stop fun with a full ballet experience; barre, center and across the floor work. Students will learn the fundamentals of ballet and work

on mastering their technique! Set to Disney music, all students will enjoy performing for their parents and family in a dance at the end of the session! Leotard and tights requested, with pink ballet shoes.
FEE: IC \$48/OC \$53

7/25-7/29 M-F 9:45-10:30 am 6311.301

Dance Turns, Tricks & Technique Jazz Dance Camps

Ages 6-12

Dance technique camp. 5-day camps. Keep your skills up this summer with Miss Meg and stay busy stretching and mastering your jazz skills. This is beginning /intermediate dancers only. New students and returning students are welcome! Head across the floor and work your turns, leaps and new floor tricks! Sign up now! Dancewear and dance paws or pirouettes.

FEE: IC \$54/OC \$59

7/25-7/29 M-F 10:30-11:30 am 6312.301

8/1-8/5 M-F 10:30-11:30 am 6313.301

FEE: IC \$35/OC \$40

8/8-8/10 M-W 10:30-11:30 am 6314.301

Dance Hip Hop & Conditioning Summer Camp Open Level

Instructor, Miss Meg

Ages 7 & up

Join Miss Meg for this amazing open level hip hop camp! Get your groove on and work on conditioning your body with stretches and conditioning then get funky and learn some amazing hip hop combos this summer! Dancewear and sweats. Sneakers are a must.

FEE: IC \$54/OC \$59

7/25-7/29 M-F 11:30 am-12:30 pm 6315.301

8/1-8/5 M-F 11:30 am-12:30 pm 6316.301

FEE: IC \$35/OC \$40

8/8-8/10 M-W 11:30 am-12:30 pm 6317.301

Dance Turns, Tricks & Technique Jazz Dance Camps

Ages 9 & up

Dance technique camp. 5-day

Youth Programs & Summer Camps

camp. Keep your skills up this summer with Miss Meg and stay busy stretching and mastering your jazz skills. This is intermediate and advanced. New students and returning students are welcome! Head across the floor and work your turns, leaps and new floor tricks! Sign up now! Dancewear and dance paws or pirouettes.

FEE: IC \$95 / OC \$100

7/25-7/29 M-F 12:30-2:30 pm 6318.301

8/1-8/5 M-F 12:30-2:30 pm 6319.301

FEE: IC \$60/OC \$65

8/8-8/10 M-W 12:30-2:30 pm 6320.301

Dance Contemporary, Technique & Improv

Instructor, Miss Meg

Ages 9 and up

Join Miss Meg for this amazing class with lyrical and contemporary choreography, skills and floorwork. Focus will be on proper technique and growing your passion for dance with improv every day. Learn amazing challenging combos and grow your love of this style! Contemporary is one of the biggest trends in dance! Perfect for the intermediate and advanced dancer! Dancewear and dance paws or pirouettes.

FEE: IC \$54/OC \$59

7/25-7/29 M-F 2:30-3:30 pm 6321.301

8/1-8/5 M-F 2:30-3:30 pm 6322.301

FEE: IC \$35/OC \$40

8/8-8/10 M-W 2:30-3:30 pm 6323.301

Dance Mini Intensive with Ian Howe from Dance Masters of America

Ages 9 and up

2-day workshop for intermediate to advanced dancers. Join us for this amazing opportunity! Ian Howe from Dance Masters of America staff will be coming to Van De Veere Productions! This amazing 2 day camp will feature classes in Technique, Stretching, Contemporary/Lyrical, Hip Hop

and SWING dance! Don't miss this! We will have a scheduled lunch break each day. Bring all of your dance shoes!

FEE: IC \$95/OC \$100

8/11-8/12 Th & F 10 am-4 pm 6324.301

Dance Intensive VDV Style 9-Day Dance Intensive

Intermediate & Advanced Level

Come and join us for our 4 day dance intensive! This dance intensive features special guest teacher, Michelle Chandler Smith from Seattle! Classes will be held in modern, jazz, lyrical, and contemporary techniques. Combos and across the floor. This camp is geared towards our serious dancers! Not to be missed! Each day includes 4 classes, two small breaks and a scheduled lunch break each day. Space is limited!

FEE: IC \$150/OC \$155

8/15-8/18 M-Th 10 am-3 pm 6325.301

Ballet Summer Camps

Instructor, Miss Rosemary

Keep up your technique with two summer camps offered for beginning, intermediate and advanced dancers, including pointe. Work techniques at the barre, stretch, center and across the floor. Highly recommended for all dance team students and dancers who love the grace and beauty of ballet! New students are welcome! 3-day camps

Beginning Level Ballet 1

FEE: IC \$30/OC \$35

8/22-8/26 M, W & F 12-1 pm 6326.301

8/29-9/2 M, W & F 12-1 pm 6327.301

Intermediate Ballet 2/3

FEE: IC \$30/OC \$35

8/22-8/26 M, W & F 1-2 pm 6328.301

8/29-9/2 M, W & F 1-2 pm 6329.301

Advanced Ballet 4/5

FEE: IC \$45/OC \$50

8/22-8/26 M, W & F 2-3:30 pm 6330.301

8/29-9/2 M, W & F 2-3:30 pm 6331.301

Pointe Class

FEE: IC \$20/OC \$25

8/22-8/26 M, W & F 3:30-4 pm 6332.301

About our Instructors:

Miss Kathleen has been instructing dance for over 20 years, and starting her 17th year here in West Linn! She grew up in La Crosse, Wisconsin dancing at Marilyn School of Dance, under the direction of Suzanne Swanson Wagner, training in ballet, tap, jazz and hip hop. She was captain of their performing troop, D'Vision Street Dancers and traveled to many competitions, conventions and performance trips as a student, as well became an assistant and student teacher at age 14. Always being active in music and theater, she moved to New York City in 1993 to attend the prestigious school, The American Musical and Dramatic Academy. She was lucky to study with the most talented Broadway professionals in Manhattan.

Miss Clara first began dancing with VDV when she was 8 years old, with Miss Kathleen Van De Veere's first team the Juniors. She has studied in jazz, tap, lyrical and contemporary with a focus on ballet and pointe work. Starting pointe at the age of 11, she has performed in numerous ballets including The Nutcracker, Swan Lake and Sleeping Beauty. She

began assisting in classes and teaching students at the age of 14 and quickly fell in love with working with kids!

Megan McMurtrie was born and raised in Spain, where she started her dance training at the young age of 4, before moving to Oregon in 2006. Megan danced at VDV West Linn and was a former VDV girl! Megan is currently dancing on the University of Oregon Dance Team, and has been the reigning team captain! We are thrilled to have her as a VDV teacher this summer.

Ian Howe was inspired to start dancing at age 5 when he watched Savion Glover perform on Sesame Street. He started training at a small studio in Woodinville, later moving to what would become his dance home for almost 18 years, Backstage Dance Studio owned by Marty Roberts. While at Backstage Ian competed regionally and nationally on their competitive dance team.

2016
Daddy Daughter Dance

UNDER THE BIG TOP

Friday, June 17th

6:00 - 8:30 pm

ADULT COMMUNITY
CENTER

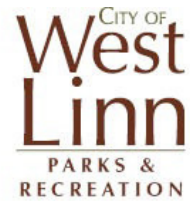
Buffet dinner, professional deejay,
craft activity, and keepsake photo.

Please Register Daddy & Daughter
Separately

Westlinnoregon.gov/parksrec

FEE: IC \$20 / OC \$25
CLASS # 3000.301

CITY OF WEST LINN PARKS AND RECREATION



YOUTH SPORTS SKILL-BASED PROGRAMS

Skyhawks Sports Academy provides sport programs where children discover and develop athletic skills and social values, such as teamwork, respect and sportsmanship. We offer children a positive sports experience while promoting a healthy, active lifestyle.

SUMMER 2016

(course)	(dates)	(days)	(time)	(ages)	(fee)
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BASEBALL CAMP

7008.301	6/20 - 6/24	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145
7032.301	8/01 - 8/05	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145

BASKETBALL CAMP

7004.301	6/13 - 6/17	M-F	9:00 a.m. - 12:00 p.m.	5-7	\$109
7009.301	6/20 - 6/24	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$145
7013.301	7/05 - 7/08	T,W,T,F	9:00 a.m. - 3:00 p.m.	7-12	\$125
7017.301	7/11 - 7/15	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$145
7025.301	7/18 - 7/22	M-F	9:00 a.m. - 12:00 p.m.	5-7	\$109

BEGINNING GOLF CAMP

7014.301	7/05 - 7/08	T,W,T,F	9:00 a.m. - 12:00 p.m.	5-9	\$95
7036.301	8/08 - 8/12	M-F	9:00 a.m. - 12:00 p.m.	5-9	\$109

BOYS LACROSSE CAMP

7033.301	8/01 - 8/05	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$155
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GIRLS LACROSSE CAMP

7035.301	8/01 - 8/05	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$155
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CHEERLEADING CAMP

7011.301	6/27 - 6/30	M,T,W,T	9:00 a.m. - 12:00 p.m.	6-10	\$95
7029.301	7/25 - 7/29	M-F	9:00 a.m. - 12:00 p.m.	6-10	\$109

FLAG FOOTBALL CAMP

7005.301	6/13 - 6/17	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$145
7030.301	7/25 - 7/29	M-F	9:00 a.m. - 3:00 p.m.	7-12	\$145

VOLLEYBALL CAMP

7016.301	7/05 - 7/08	T,W,T,F	9:00 a.m. - 3:00 p.m.	7-10	\$125
7022.301	7/11 - 7/15	M-F	9:00 a.m. - 3:00 p.m.	11-14	\$145

(course)	(dates)	(days)	(time)	(ages)	(fee)
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SOCCER CAMP

7006.301	6/13 - 6/17	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145
7015.301	7/05 - 7/08	T,W,T,F	9:00 a.m. - 3:00 p.m.	6-12	\$125
7027.301	7/18 - 7/22	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145
7034.301	8/01 - 8/05	M-F	9:00 a.m. - 12:00 p.m.	5-7	\$109
7040.301	8/15 - 8/19	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145

MINI-HAWK® (SOCCER)

7000.301	6/06 - 7/04	M	6:00 p.m. - 7:00 p.m.	4-6	\$49
7002.301	6/08 - 7/06	W	6:00 p.m. - 7:00 p.m.	4-6	\$49
7019.301	7/11 - 8/08	M	6:00 p.m. - 7:00 p.m.	4-6	\$49
7023.301	7/13 - 8/10	W	6:00 p.m. - 7:00 p.m.	4-6	\$49

MULTI-SPORT CAMP (SOCCER, BASEBALL & FLAG FOOTBALL)

7012.301	6/27 - 6/30	M,T,W,T	9:00 a.m. - 3:00 p.m.	6-12	\$119
7026.301	7/18 - 7/22	M-F	9:00 a.m. - 3:00 p.m.	6-12	\$145

TENNIS CAMP

7007.301	6/13 - 6/17	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$109
7020.301	7/11 - 7/15	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$109
7028.301	7/18 - 7/22	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$109
7038.301	8/08 - 8/12	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$109
7041.301	8/15 - 8/19	M-F	9:00 a.m. - 12:00 p.m.	7-12	\$109

TINY-HAWK™ (SOCCER)

7001.301	6/06 - 7/04	M	5:00 p.m. - 5:45 p.m.	3-4	\$39
7003.301	6/08 - 7/06	W	5:00 p.m. - 5:45 p.m.	3-4	\$39
7021.301	7/11 - 8/08	M	5:00 p.m. - 5:45 p.m.	3-4	\$39
7024.301	7/13 - 8/10	W	5:00 p.m. - 5:45 p.m.	3-4	\$39
7039.301	8/08 - 8/12	M-F	1:00 p.m. - 1:45 p.m.	3-4	\$39

SPACE IS LIMITED!

REGISTER TODAY >>

ONLINE:

www.skyhawks.com
www.westlinnoregon.gov

PHONE:

800.804.3509
503.557.4700

Presented by

Kidz Love Soccer

All classes located at: **Tanner Creek Park — No Class 7/2**

Since 1979, Kidz Love Soccer has been dedicated to teaching children the world's most popular sport within a nurturing, recreational environment. A typical session experience includes age appropriate activities: skill demonstrations, fun games, and instructional scrimmages. Young soccer enthusiasts experience soccer fun in a safe, non-competitive environment. Kidz Love Soccer... "Where the score is always FUN to FUN!"™

Mommy/Daddy & Me

Ages 2-3.5

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

Min 5 Max 20

FEE: IC \$86/OC \$91

6/22-8/10 W 6-6:30 pm 7100.301

6/25-8/20 Sa 9-9:30 am 7101.301

No class 7/2

Tot-soccer

Ages 3.5-5

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. All participants receive a Kidz Love Soccer jersey! Shin guards are required after the first meeting.

Min 5 Max 24

FEE: IC \$86/OC \$91

6/22-8/10 W 5:15-5:50 pm 7102.301

6/25-8/20 Sa 9:40-10:15 am 7103.301

No class 7/2

Soccer 1 Techniques & Teamwork

Ages 5-6

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Shin guards are required after the first meeting. All participants receive a Kidz Love Soccer jersey!

Min 5 Max 24

FEE: IC \$86/OC \$91

6/22-8/10 W 4:30-5:15 pm 7104.301

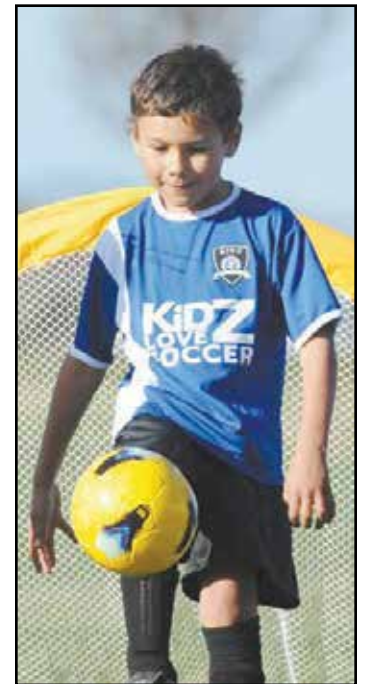
6/25-8/20 Sa 10:15-11 am 7105.301

No class 7/2

Soccer 2: Skillz & Scrimmages

Ages 7-10

Kidz 7-10 years of age will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical



points. All levels are welcome to come enjoy the world's most popular game! All participants receive a Kidz Love Soccer jersey!

Min 5 Max 24

FEE: IC \$86/OC \$91

6/22-8/10 W 3:45-4:30 pm 7106.301

6/25-8/20 Sa 11-11:45 am 7107.301

No class 7/2

Soccer 3: Match Play

Ages 10-12

Come join Kidz Love Soccer for some intense soccer fun! Each week we will focus on the fun and fast-paced action of non-competitive match play. Teams are formed at each class meeting and vary from week to week encouraging players to develop individually in a variety of positions with a variety of different teammates. Everyone plays and everyone wins! Each participant receives a soccer jersey. Shin guards are required.

Min 5 Max 24

FEE: IC \$86/OC \$91

6/22-8/10 W 2:45-3:45 pm 7108.301

No class 7/2

Sudy Soccer

Ages 6-12 years

Program focus is building cooperation, self esteem, and leadership skills through soccer. Players will engage in a fun and friendly environment where everyone feels welcomed and learning basic to advanced skills. Teaching basics of the game and cooperative and sportsmanship skills through fair play, games, and competition. You will improve individual and team skills including: Skill drills (dribbling and passing), heading, defense and offense, shooting ranging from beginner to advanced levels. Besides learning new skills, campers make new friends, and be the best you can be! Play relay games, tag games, compete in fun competitions! All skill levels welcome (groups are split by ability/grade level) please bring snack, lunch, sun screen, and water. Come out to play and join the fun! Participants will receive a T shirt and diploma.

FEE: IC \$105/OC \$115

Ages 6-13

7/11 - 7/15 M-F 9 am-1 pm 7042.301

Oppenlander Sports Fields, Rosemont Road

Ages 6-13

8/8-8/12 M-F 9 am-1 pm 7043.301

Willamette Park, East End/Field 3

Fun Summer Sports Camp

Ages 6-12 years

Be active and play the games you love in a multi sports in a fun and safe environment. Program focus is building cooperation, self-esteem; teach communication and leadership skills, where everyone feels welcomed. Teaching basic games, cooperation and sportsmanship skills through fair play, games, and competition. Kids will play soccer, baseball and kick ball, basketball football. All skill levels welcome (groups are split by ability) bring snack, lunch, and water.

FEE: IC \$105/OC \$115

Ages 6-13

8/1-8/5 M-F 9 am-1 pm 7044.301

Hammerlee Park, West Linn

Coyle Outside presents:

Survival Camp

Week-long day camps are held at Mary S. Young Park. For questions on course content and details call Dan at Coyle Outside 541-760-0774.

Introduction to Survival

Ages 6-9

This camp is an exciting adventure in experimenting with nature. Instructors with a background in survival and primitive skills use games and scenarios ("what would you do if?") typically seen on popular TV shows to introduce campers to common but fun and challenging skills. Campers work in teams to solve problems such as how to stay warm and dry in bad weather, basic fire building skills, simple traps and various ways to make rope. Fun games that require campers to learn stealthy movement are a big part of each day. The goal of this camp is to develop social skills and self esteem and to have a lot of fun doing it. This class is structured as a pre-cursor to the Advanced Survivor Camp. Tools to build your own emergency kit available for sale at end of class.

Min 7 Max 14

FEE: IC \$215/OC \$220

6/20-6/24 M-F 9 am- 1 pm 6900.301
Mary S Young Park

Advanced Survivor Camp

Ages 9-14

This course builds on the beginner class and takes nature exploration to a whole new level. Campers use increasingly complicated scenarios such as being lost, accidents in remote places, dealing with natural disasters (including the Zombie Apocalypse) to develop real survival, disaster response and primitive skills. Improvised and natural Shelters, broad approaches to contemporary and primitive fire

building, various traps and food gathering/ID techniques as well as orienteering and navigation are taught in detail by experienced survival and primitive skills practitioners. Other more advanced skills (tracking, wilderness medicine, cooking, cordage, stone tools etc.) are introduced as time allows. The class emphasizes the development of teamwork, leadership and decision making skills as necessary to performing well when resources are few. Prior completion of Introduction to Survival Camp is recommended but not required. Tools to build your own emergency kit available for sale at end of class. Bring lunch, snacks, shoes that can get wet and appropriate clothes.

Min 7 Max 14

FEE: IC \$295/OC \$300

7/18-7/22 M-F 9 am-4 pm 6901.301
8/8-8/12 M-F 9 am-4 pm 6902.301
Mary S Young Park

Fish Hunters!

Ages 8-13

We will spend the week learning various fishing techniques and visiting different fishing holes in the area. Learn how to cast and set up a rod. Learn primitive fishing techniques including various fish traps and trot lines. If you catch one you don't need to bring lunch for this camp!! Bring lunch, snacks, shoes that can get wet and appropriate clothes.

Min 7 Max 14

FEE: IC \$220/OC \$225

7/18-7/22 M-F 9 am-4 pm 6903.301
Mary S Young Park



Youth/Teen Paddle Sports Camps

Ages 8-12 and 13-18

West Linn Parks and Rec are excited to partner with eNRG Kayaking again this year for its paddling day camp program. ACA Certified instructors will oversee the camps, and instruct youth on river safety, and proper paddling techniques in canoes, kayaks and stand up paddle boards while incorporating fun games to ensure an exciting day for campers. Includes certified instructors, and all equipment. Campers must bring water, sun-screen, and sack lunch.

Three-Day Camps:

Ages: 8-18 years old

(camp registrants will be divided up based on age, experience and ability level on the first day).

DAY ONE: Introduction to boats/gear and the river. Learn basic boating skills with a fun, recreational paddle around the confluence of the Tualatin and Willamette River. This flat water section of river is a great place to be introduced to paddling and we will spend a lot of time with games, and basics. Kids might get the opportunity to paddle

across the river which is almost 1/4 mile wide.

DAY TWO: A short river history and hydrology lesson will be followed by a paddle down towards the Narrows. This flat water section of river is also a great place to be introduced to paddling, and campers will get a chance to take a small hike to Metro's newly protected green space.

DAY THREE: This day will pull together all the lessons gained from the past two days and paddle towards Willamette Falls. Campers will learn about river ecology and participate in a small river stewardship cleanup along the way viewing the ski jumping area of the Willamette River. They will also get a chance to view the upstream side of the Willamette Falls Locks from a distance.

Max 12

FEE: IC \$225/OC \$230

6/13-6/15 M-W 10 am- 3 pm 7200.301
6/17-6/29 M-W 10 am- 3 pm 7201.301
7/18-7/20 M-W 10 am- 3 pm 7202.301
7/25-7/27 M-W 10 am- 3 pm 7203.301
8/22-8/24 M-W 10 am- 3 pm 7204.301

All classes meet at Willamette Park, in parking lot at the bottom of 12th Street

A-WOL Summer Camps

www.awoldance.org

Spend a week soaring from the trees with A-WOL Dance Collective in the beautiful Mary S Young Park. "Hang" out with the A-WOL aerial tree dancers as you learn climbing, flying and maneuvering skills.

The week will culminate with a small performance for family and friends of what they have learned. This is sure to be a memorable experience for both campers and parents.

To qualify for intermediate and advanced level camps, students should be at a SUPER FLY 2 level or email fly@awoldance.org for instructor permission.

Please send snacks and drinks with child each day.

Super Fly Beginner: Silks & Trapeze

Ages 7-11

Over the course of the week, campers will learn fun new aerial tricks using a variety of apparatuses, basic tumbling and dance skills, build strength and flexibility, and utilize their creativity and expression.

FEE: IC \$210/OC \$215

7/11-7/15 M-F 10:30 am-1 pm 6800.301

8/8-8/12 M-F 10:30 am-1 pm 6801.301

Super Fly Intermediate/Advanced: Silks & Trapeze

Ages 7-11

This class is designed for intermediate/advanced-level youth campers. Learn advanced skills on Silks and Trapeze that will challenge strength and flexibility.

Register at www.awoldance.org

7/11-7/15 M-F 1:30 pm-4 pm

8/8-8/12 M-F 1:30 pm-4 pm

Super Fly Intermediate/Advanced: Sling & Lyra

Ages 7-11

This class is designed for intermediate/advanced-level youth campers. Learn new individual and partnering skills on Sling (aerial hammock) and Lyra (Aerial Hoop) that will challenge strength and flexibility.

Register at www.awoldance.org

7/18-7/22 M-F 10:30 am-1 pm

Teen Beginner/Intermediate: Sling & Lyra

Ages 12-17

Learn climbing, flying and maneuvering skills on Sling (aerial hammock) and Lyra (Aerial Hoop). Over the course of the week, campers will learn fun new aerial tricks, basic tumbling and dance skills, build strength and flexibility, and utilize their creativity and expression.

FEE: IC \$210/OC \$215

7/18-7/22 M-F 1:30-4pm 6802.301

Super Fly Beginner: Silks & Lyra

Ages 7-11

Learn climbing, flying and maneuvering skills on Silks and Lyra (aerial hoop). Over the course of the week, campers will learn fun new aerial tricks using a variety of apparatuses, basic tumbling and dance skills, build strength and flexibility, and utilize their creativity and expression.

FEE: IC \$210/OC \$215

7/25-7/29 M-F 10:30 am-1 pm 6803.301

Super Fly Intermediate/Advanced: Silks & Lyra

Ages 7-11

This class is designed for intermediate/advanced-level youth campers. Learn advanced skills on Silks and new individual and partnering skills on Lyra

(aerial hoop) that will challenge strength and flexibility.

Register at www.awoldance.org

7/25-7/29 M-F 1:30- 4 pm

Might Fly Beginner Summer Camp Silks & Trapeze

Ages 4-6

Learn beginning climbing, flying and maneuvering skills on Silks and Trapeze . Over the course of the week, campers will learn fun new aerial tricks using a variety of apparatuses, basic tumbling and dance skills, build strength and flexibility, and utilize their creativity and expression.

FEE: IC \$150/OC \$155

8/15-8/19 M-F 10-11:30 am 6804.301



5th Annual Run/Walk for the White Oak Savanna Sunday May 1st, 2016

Join us for the 5th Annual Run/Walk for the White Oak Savanna.

Rosemont Ridge Middle School at 20001 Salamo Rd., West Linn

5k run starts at 9 am. 1 mi. walk starts at 10 am.

Great prizes for top finishers in several age ranges.

Benefits the White Oak Savanna Natural Park and Wildlife Habitat.

Pre-register for \$22.50 per person by sending an email to

roberta.schwarz@comcast.net and guarantee your t-shirt size.

Or register day of event for \$25 and choose from shirts sizes available that day.

Professionally designed t-shirts are included. Register your whole family.

Co-sponsored by West Linn Parks and Recreation Department and NLWL, a 501(c) (3) nonprofit organization.



Thank you for your support of this park.

The Cake Room

L. Foster

Themed Cake Classes

Ages 8 & up

Decorate a pre-iced 8" round vanilla sponge and Italian meringue buttercream cake with decorations that you make using fondant. A design and everything you need to decorate the cake is provided. Students will be given artistic flexibility to adapt the design as they wish. A cake box is provided to take your cake creation and any fondant you have not used home.

FEE: IC \$80/OC \$85

6/18	S	2-4 pm	6500.301
"Father's Day Cake"			
7/1	F	9-11 am	6501.301
"Stars and Stripes Cake"			

Cover A Cake With Italian Meringue Buttercream

Ages 13 & up

Learn how to cover a crumb-coated 8" round vanilla sponge cake with Italian meringue buttercream. After demonstrating how to make a batch of Italian meringue buttercream students will be taught how to cover the cake to get a perfectly smooth

finish and perfect edges. Complete the cake with a fancy piped border. A cake box is provided to take your cake creation home.

FEE: IC \$70/OC \$75

6/7	T	1-3 pm	6502.301
6/14	T	1-3 pm	6503.301
7/5	T	1-3 pm	6504.301
7/12	T	1-3 pm	6505.301
8/2	T	1-3 pm	6506.301
8/9	T	1-3 pm	6507.301
8/16	T	1-3 pm	6508.301
8/30	T	1-3 pm	6509.301

Teens! Cover a cake with Italian Meringue Buttercream

Ages 13-18

Learn how to cover crumb-coated 8" round vanilla sponge cake with Italian meringue buttercream. After demonstrating how to make a batch of Italian meringue buttercream students will be taught how to cover the cake to get a perfectly smooth finish and perfect edges. Complete the cake with a fancy piped border. A cake box is provided to take your cake creation home.

FEE: IC \$70/OC \$75

6/28	T	1-3 pm	6510.301
7/19	T	1-3 pm	6511.301
7/26	T	1-3 pm	6512.301
8/23	T	1-3 pm	6513.301



Cover A Cake With Fondant

Ages 13 & up

Learn how to cover a pre-iced 8" round vanilla sponge and Italian meringue buttercream cake with fondant. Students will learn the techniques and tricks for covering a round and square cake to get a smooth finish. Learn how to give the cake a finished look with borders and a finished cake board. Take home your cake creation in a provided cake box.

FEE: IC \$80/OC \$85

6/2	Th	6-8 pm	6514.301
6/9	Th	1-3 pm	6515.301
6/16	Th	1-3 pm	6516.301
6/30	Th	1-3 pm	6517.301
7/7	Th	6-8 pm	6518.301
7/28	Th	1-3 pm	6519.301
8/4	Th	6-8 pm	6520.301
8/18	Th	1-3 pm	6521.301

Let's Talk Buttercream-Demonstration

Ages 13 & up

Learn the differences between American Buttercream and Italian, French and Swiss Meringue Buttercream. Watch a demo on how to make American and Italian Buttercream and taste, feel and smell the differences of each. Recipes will be provided to take home.

FEE: IC \$30/OC \$35

6/8	W	7-9 pm	6522.301
6/29	W	7-9 pm	6523.301
7/6	W	7-9 pm	6524.301
7/13	W	7-9 pm	6525.301
8/3	W	7-9 pm	6526.301

Let's Talk Competition Cakes For The Oregon State Fair-Demonstration

Ages 13 & up

As the Chair for the Oregon State Fair, I want to encourage decorators of all ages and skills to enter into the Oregon State Fair Cake Decorating competition. Entries are built on dummies not real cake. This class is all about giving people the knowledge they need to build confidence to submit an entry. I will demo how competition cakes are built, how they are judged and more. Note that The Cake Room is a drop-off point the week before the fair for submitting your entries. All proceeds go to funding prizes for the competition winners.

FEE: IC \$15/OC \$20

6/11	S	9-11 am	6527.301
6/13	M	9-11 am	6528.301
7/8	F	9-11 am	6529.301
7/14	Th	9-11 am	6530.301
7/29	F	9-11 am	6531.301
8/1	M	9-11 am	6532.301
8/8	M	9-11 am	6533.301



Cooking with Surja Tjahaja

Ages 15-Adult

This always admired instructor is revisiting some of his most popular recipes. Let them become your signature dishes too.

Sushi

Back by popular demand! Another chance for you to learn the ABCs of sushi making. This time with a new twist – we'll be using raw fish! Class covers: selecting the raw materials, preparing the fillings, cooking the flavored rice, making pickled ginger and wasabi. We will make several different types of vegetarian and raw fish sushi. The perfect meal for sushi lovers, so come hungry.

Min 3 Max 12

FEE: IC \$35/ OC \$40 per person

Materials fee: \$5 payable to instructor

6/12 Su 10 am-1:30 pm 1010.301

West Linn Adult Community Center

Vietnamese Salad Roll

A perfect food for people on-the-go. Learn to make Vietnamese salad rolls with BBQ chicken and shrimp plus the traditional dipping sauces. We use fresh ingredients and prepare everything from scratch the old-fashioned way, using a mortar and pestle. Come ready for a divine picnic.

Min 3 Max 12

FEE: IC \$35/ OC \$40 per person

Materials fee: \$8 payable to instructor

7/10 Su 10 am-1:30 pm 1011.301

West Linn Adult Community Center

Korean Tabletop BBQ

This popular fare on the Portland food scene is found both at high priced restaurants and in humble food carts. Learn the secrets for making this exciting dish cheaply in your own home while using high-quality ingredients and sharing the fun of tabletop cooking with family and friends. Class includes making the authentic marinades for beef, chicken and spicy pork plus mastering the skills of tabletop cooking. Great outdoor summer fun awaits.

Min 3 Max 12

FEE: IC \$35/ OC \$40 per person

Materials fee: \$8 payable to instructor

8/14 Su 10 am-1:30 pm 1012.301

West Linn Adult Community Center

Save the date- Popular Fall Class: Pad Thai

You asked for it! We're going to make two versions of this trendy Thai noodle dish: one with the authentic sauce using tamarind and another version that is popular in the US. You decide which version you prefer. Either way you will become a master at making Pad Thai. We will use fish sauce, palm sugar, complex spices, and fresh noodles. A feast awaits.

Min 3 Max 12

FEE: IC \$35/ OC \$40 per person

Materials fee: \$8 payable to instructor

9/25 Su 10 am-1:30 pm 1013.101

West Linn Adult Community Center



Drivers Education

offered through a partnership with Oregon Drivers Training Institute

June 20- July 13th (no class on July 4th)

every M, T, W, 9 am-12 pm

Classroom Location: West Linn High School, Room A 104

Behind the wheel lessons are scheduled outside of class time and will take longer to complete.

Registration information is now available online, web address below.

Registration is on a first-come, first-serve basis.

Classes are ODOT approved and a certificate of completion is issued if student meets all requirements.

The program consists of 33 hours of classroom instruction, 6-hours of driving and 6-hours of observations.

Seating is limited and pre-registration is required.

FEE for non licensed driver, under 18 is IC \$340/ OC \$345

- PERMIT NUMBER REQUIRED AT TIME OF REGISTRATION
- There is a mandatory parent meeting held the first class session in the B Commons.
- The above schedule is for classroom time only. All class sessions are mandatory
- We recommend 10 hours of driving prior to behind-the-wheel lessons
- Last day to register is Friday before class or when class is full
- BRING A PHOTOCOPY OF PERMIT TO THE FIRST CLASS.



**Register here: <http://www.oregondrivertraining.com>
or contact Oregon Driver Training Institute at 503-225-0770 for further questions.**

Teen/Adult

Ukulele & Guitar Instruction B. Price

Youth- Adult

Adult Community Center, Classroom

Beginning Ukulele Part 1

Ukulele is easy to play, inexpensive, and lots of fun! In this popular class you will quickly learn tuning, simple chords, and tons of songs. A great way to have fun with family and friends. Tenor, Soprano, or concert GCEA tuning only. Please provide your own ukulele.

Min 5 Max 20

FEE: IC \$52/OC \$57

Materials fee: \$8 payable to instructor at first class; covers parts 1 & 2.

6/20- 7/18 M 6:30- 7:15 pm 6700.301

No class 7/4

Beginning Ukulele Part 2

This class picks up where PART 1 left off. More great

songs, strumming, and chords. Tenor, Soprano, or concert GCEA tuning only.

Min 5 Max 20

FEE: IC \$52/OC \$57

7/25- 8/15 M 6:30- 7:15 pm 6703.301

Beginning Guitar Part 1

This fun and popular class is designed for the absolute beginner. Quickly learn basic chords and simple strumming patterns known to all guitar players. EZ songs, how to tune, basic techniques, and much more.

Min 5 Max 20

FEE: IC \$52/OC \$57

Materials fee: \$8 payable to instructor at first class; covers parts 1 & 2.

6/20- 7/18 M 7:15- 8 pm 6701.301

No class 7/4



Beginning Piano for Teens/Adults

Ages 12 & up

Piano Street program is a unique and motivating experience designed specifically for teen & adult beginners. Students are introduced to many musical concepts through ear training, note reading, use of chords, solo/ensemble playing and composing. You will be amazed at what you can play after only 4 sessions! Parents of younger students are welcome in class.

FEE: IC \$85/OC \$90

8/2-8/11 M & W 6-6:45 pm 6190.301

Harmony Road Music Center

Beginning Guitar Part 2

This class picks up where PART 1 left off. More great songs, strumming, and chords.

Min 5 Max 20

FEE: IC \$52/OC \$57

7/25- 8/15 M 7:15- 8 pm 6704.301


COMCAST
West Linn's Premiere Concert Event!



Presented by **Advantis**
credit union

Music in the Park Concert Series

Located in beautiful Tanner Creek Park

Thursdays, July 21 – August 25 6:30 – 8:30 pm

July 21 - Cloverdayle

July 28 – Curtis Salgado Band

August 4 – The June Bugs

August 11 - Sabroso

August 18 – Wil Kinky

August 25 – The Paul Creighton Project

Stevie Wonder Tribute

Bring your chairs & picnic basket or try our local food, snack & beverage vendors.

www.westlinnoregon.gov/musicinthepark

60TH WEST LINN OLD TIME FAIR

Friday, Saturday, & Sunday
July 15, 16 & 17
Willamette Park, West Linn



- Professional Lumberjack Show
- Beer Garden & Entertainment
- Parade
- Raffle Drawings
- Live Music & Dancers
- Bingo
- Water Ski Show
- Pet Show
- Pancake Breakfast
- Horseshoe Tournament
- Pie Eating Contest
- Olde Time Baseball Game
- Car Show
- Food & Exhibitor Booths
- Carnival!



Bob Ross Oil Painting

J. Stubb

Ages: 12 years to 99

Using a simple, step by step teaching method, Judy takes you from a blank canvas to a completed masterpiece in one class. These classes work for beginners as well as seasoned painters. All supplies are provided; all you need do is show up, have fun, and take your masterpiece home to show it off! Great way to relax and de-stress.

Min 2 Max 15

FEE: IC \$48/OC \$53 (includes ALL supplies)

6/9	TH	5:30- 9 pm	Magenta Water Lily	1030.301
6/25	S	10 am- 2 pm	Hint of Springtime	1031.301
7/14	TH	5:30- 9 pm	Hibiscus	1032.301
7/23	S	10 am- 2 pm	Multnomah Falls	1033.301
8/11	TH	5:30- 9 pm	Dark Waterfall	1034.301
8/27	S	10 am- 2 pm	Snowy Birch	1035.301

Adult Community Center, Classroom

About the Instructor: Judy has been painting with the 'wet on wet' technique for over 20 years and has been a certified Bob Ross Instructor for 10 years. Judy is experienced in teaching ADD, ADHD, and students with mild dementia symptoms. Many of her paintings are proudly displayed in homes across the United States. View paintings at www.wetpaints.net



Magenta Water Lily



Hint of Springtime



Hibiscus



Multnomah Falls



Dark Waterfall



Snowy Birch

Annual

West Linn Parks and Recreation Summer Photo Challenge

Capturing the summertime splendor of West Linn.

The 2016 Summer Photo Challenge is an opportunity for amateur photographers to reveal their unique view of West Linn through their photography.

2016 Categories:

- ◆ Recreation Classes and Sports Programs
- ◆ West Linn Parks People Playing
- ◆ Parks Flora and Fauna
- ◆ City of West Linn Events

**Submission Deadline:
August 26, 2016**



For complete contest rules please visit: westlinnoregon.gov/parksrec

CITY OF
**West
Linn**
PARKS &
RECREATION

The Great West Linn Outdoor Adventure

Overnight Campout at Mary S. Young Park

- **Movie on the Big Screen**
- **Camping demonstrations**
- **Camp Fire activities**
- **Close Encounters Birds of Prey**
- **Naturalist Led Night Hikes**
- **Sunday Morning Breakfast**
- **Kayaking/Canoeing**
- **Games & Contests**

**Aug. 13th Check-in: 1-3 pm,
Aug. 14th Break Camp
by 10:30 am**

**FEE: IC \$40/OC \$50
per campsite
(up to 6 people
per site)**



Register online at www.westlinnoregon.gov/parksrec

For information contact West Linn Parks & Recreation 503-557-4700

Outdoor Adventures

NW Discoveries

All trips are for adults and 11-18 year olds that are accompanied by adults; unless otherwise noted. Meet location directions and equipment lists also available on website: www.nwdiscoveries.com

Trips and lessons go rain or shine.

Touring Kayak Beginning Lesson

Learn how to use touring kayaks. The first half will include discussion on kayak equipment, steering strokes, paddling in a straight line, bracing and rescues. The second half will be a tour on a local waterway in which we will have the chance to become proficient in our skills. We use very stable solo and tandem kayaks that have big cockpits. This class is a great introduction for beginners to the sport of kayak touring and sea kayaking. Cost includes kayak equipment and guide. Trips go rain or shine.

FEE: IC \$42/OC \$ 47

5/7 Sa 2:30-5:30 pm 2103.201

Meet location:

Willamette Park, John's Landing in SW Portland (not West Linn)

7/10 Su 2:30-5:30 pm 2108.301

Meet location:

Clackamette Park, 2089 Clackamette Dr., Oregon City

Touring Kayak Beginning & Intermediate Long Tour & Lesson

With Transit

Explore our local waterways at a leisurely pace in touring kayaks. These stable and responsive kayaks will allow you to quickly become proficient paddlers. Both solo and double kayaks are available. We provide a brief introduction/lesson to kayaking, so even the first timer will be ready for the tour. Cost includes kayak equipment and guide. Trips go rain or shine. Trip Includes Transportation From Portland area.

FEE: IC \$60/OC \$65

5/8 Su 8:15 am-6 pm 2104.301

Nehalem Bay, Meet at Sunset TC Garage, 10470 SW Barnes Road, Beaverton

Touring Kayak Moving Water Combined Lesson & Tour

Intermediate Level

Let the current propel you down the river and the gentle rapids provide you the thrill. We will introduce techniques for maneuvering in moving water with eddy turns and ferries. Kayaks used are very stable with large cockpits. You do not need to roll your kayaks. You will feel more comfortable if you have taken one of our touring kayak lesson/tours. Cost includes boat equipment and guide. Trips go rain or shine.

FEE: IC \$58/OC \$63

7/10 Su 8:30 am-12:30 pm 2105.301

Location Clackamas River

Meet at Riverside Park, 17298 SE Water Ave, Clackamas 97015

Touring Kayak 3-hour Short Tour and Lesson

Beginning

Explore our local waterways in touring kayaks. These very stable, large cockpit and responsive kayaks will allow you to quickly become proficient paddlers. Both solo and double kayaks are available. We provide a brief introduction/lesson to kayaking, so even the first timer will be ready for the tour. Cost includes kayak equipment and guide. Trips go rain or shine.

FEE: IC \$42/OC \$47

7/9 Sa 8:30-11:30 am 2106.301

Rock Island trip, Meet at Willamette Park, West Linn (at the end of 12th Street)

7/10 Su 6-9 pm 2107.301

Meet location is Clackamette Park, 2089 Clackamette Dr., Oregon City

ENRG Kayaking presents:

Paddling Lessons

Adult and ages 12+ with parent

All classes meet at Willamette Park, parking lot at the bottom of 12th Street

These 2 hour lessons are an instructional and guided, flat water paddle demonstrating proper technique and safety for paddling canoes, kayaks and standup paddle boards. Trips will begin at the confluence of the Tualatin and Willamette River and will paddle upstream towards the scenic Willamette River Narrows. Experience the splendor of the upper Willamette River and the unique geographic location of Willamette Park in West Linn. Includes paddles, PFDs, and boats.

FEE: IC \$45/OC \$50

May and June Camps 5:30-7:30 pm

Introduction to Canoes/Kayaks

5/22 Su 2150.301

Introduction to Stand up paddle boards

6/26 Su 2151.301

Introduction to Canoes/Kayaks

July, August, September Camps 6-8 pm

7/31 Su 2152.301

Introduction to Stand up paddle boards

8/14 Su 2153.301

Introduction to Canoes/Kayaks

9/18 Su 2154.301



Expedition Old Growth presents

A Tour of the Tree Canopy

Who doesn't love climbing trees? Reminisce to those summer days where you were hanging carefree with a smile on your face. You can relive those memories, and create new ones, with a bit of a twist! Expedition Old Growth will provide a guided ascent to the upper most canopies of the majestic trees right here in our local parks. Along the way creating a greater appreciation for the living habitat and unique flora thriving within the park's forest floor and up into the tree-tops. Bring the kids for an ultimate family experience. Life within the trees – experience, learn and appreciate.



Min 6 Max 12

FEE: IC \$135/OC \$140

6/4 Sa 9 am-1 pm 2200.301

7/30 Sa 9 am-1 pm 2201.301

8/13 Sa 9 am-1 pm 2202.301

Mary S. Young Park

General Safety Details: Minimum age is 5 yrs old with the ability to take instruction and fit within the standard children's harness. Maximum weight limited to 250 pounds. A waiver will be required for each participant that includes an indication of good health standing with no physical limitations that may cause a safety concern for participant, guides or other guests.



Saturday, July 9, 2016

5:00 p.m. Social, food, beverages & face painting

6:30 p.m. Interactive Juggling with kids and performance

8:00 p.m. Music & Dancing with "Jilt"

Join your West Linn neighbors at a unique community street dance at 13th & Willamette Falls Drive in the Historic Willamette District. Event activities include music, face painting, bouncy house, cotton candy, dancing, food booths, hay bale seating, and a beer garden.

Bring your chair and enjoy the unique street dance in West Linn!

Event sponsors:



Adult Sports & Family Fitness

Power Volleyball, Open Gym

This open gym program is designed for the experienced volleyball player. Players with previous team experience and knowledge of the rules will enjoy this competitive open gym program. This program is not for the beginning player (see Rec Volleyball program) (2 courts, AA and A).

On-going program each Tuesday, \$2.00 per person/per night
Tuesdays 8-10 pm January 6-June 14
Except 5/19

Athey Creek Gymnasium.
For further information, contact Steve Young 503-750-6151 or sytees@hotmail.com

Adult Recreational Co-ed volleyball Open Gym

Over 18 years of age
New teams created weekly, usually two nets, with teams rotating in round robin play. Nets are at men's height. Class leader provide some training, skills & rules are taught & practiced.

On-going program each Monday.
Min 4 Max 28

FEE: \$2 per person per night, pay at door. No online registration
Mon. 8-10 pm

January 5-June 13 Except 5/25
For information contact David Nepom 503-305-5366 or dnepom@gmail.com
Willamette Primary School, gym

Boot Camp- Get Fit!

Age 18- Adult Under 18 permitted with signed waiver.

Get fit using a combination of strength, cardio, muscle endurance, flexibility, core and functional movement patterns! This class is challenging and fun!! Bring small hand held weights, water and a yoga mat. Attend one, two, three or four days a week. Classes begin the first Tuesday/Thursday/Friday of the month.

Thursday am Class is held 6:30-7:30 am at Adult Community Center

Tuesday & Friday pm classes are held 5:30-6:30 pm at Rosemont Ridge Middle School- Commons (Fridays during the month of June only) Adult Community Center (Tuesdays and Fridays July & August)

	Min 3 Max 10	
1x/wk FEE: IC \$56/OC \$61		Drop-in \$18
2x/wk FEE: IC \$112/OC \$117		Drop-in \$18
3x/wk FEE: IC \$144/OC \$149		Drop-in \$18
June 1x/wk		2160.301
June 2x/wk		2161.301
June 3x/wk		2162.301
July 1x/wk		2163.301
July 2x/wk		2164.301
July 3x/wk		2165.301
August 1x/wk		2166.301
August 2x/wk		2167.301
August 3x/wk		2168.301

About the Instructor: Jacquelyn Rodgers is a NASM Certified Instructor, CPR & AED trained, Certified running coach.



MORNINGS ARE HARD...

Pancakes Help!

Join the **City of West Linn** and celebrate the historic **WEST LINN OLD TIME FAIR** with a brand new fun run in your PJ's and **FREE** pancakes at the finish*!

PJ's to Pancakes

SUNDAY, JULY 17th 2016 WILLAMETTE PARK



7:00 am: Packet pickup at Willamette Park begins
8:00 am: Kids 1 mile Run - \$4 pre registration, \$5 day of the event
8:15 am: 5K Run/Walk - \$8 pre registration, \$10 day of the event

Kettlebell Fitness

Teen- Adult

Orientation Workshop

Required prior to attending weekly classes

Kettlebell Fitness Classes require a one-time, orientation to learn to safely and properly execute Kettlebell fundamental exercises. Participants are required to be barefoot or in flat sneakers. Wristbands are recommended.

Min 3 Max 10

FEE: IC \$40/OC \$45

5/28	S	10- 11:30 am	2170.301
6/25	S	10- 11:30 am	2171.301
7/30	S	10- 11:30 am	2072.301

West Linn Adult Community Center,
MPR Oak/Pine

Kettlebell Mornings

This class requires attendance to Kettlebell Orientation Workshop. See dates above.

Focus on Kettlebell basics. Increase flexibility, strengthen your glutes, back, abs and core.

Min 3 Max 10

FEE: IC \$35/OC \$40 Drop-in \$10 per class

6/1-6/29	W	7-7:45 am	2073.301
7/6-7/27	W	7-7:45 am	2074.301
8/3-8/31	W	7-7:45 am	2075.301

West Linn Adult Community Center, MPR Oak/Pine

AM Strength & Conditioning

This class requires students to attend a Kettlebell Orientation (see dates above) or arrange to be present the first class of the summer term to be screened and learn Kettlebell.

This is strength and conditioning for the athlete. This class utilizes numerous training

modulates, including super set, resistance training, circuit and intervals, use of Kettlebells, medicine balls, jump ropes, and body weight provide a functional workout.

Min 3 Max 10

FEE: IC \$35/OC \$40 Drop-in \$10 per class

6/3-6/24	F	6-6:45 am	2076.301
7/1-7/25	F	6-6:45 am	2077.301
8/5-8/26	F	6-6:45 am	2078.301

West Linn Adult Community Center, MPR Oak/Pine

About the Instructor: Janet Duback is a HKC certified Kettlebell coach who has been teaching Kettlebell for over 5 years. She specializes in assessing for dysfunctional movement. She is nationally certified for FMS functional movement screening an RRCA running coach and ground force method.

Volunteer Opportunities ...

Bus Drivers Needed — Volunteer Drivers with current C.D.L. needed to drive 18 passenger bus for Senior Adult Programs at the West Linn Adult Community Center Call Tiffany at 503-557-4704

Park Volunteer Work Parties — Join your neighbors to return the parks to their native habitat by the removal of invasive plants, the reintroducing of appropriate native plants, and the restoration of streambeds, the flora, and fauna.

Mary S Young Park volunteers meet Monday & Wednesday 8:30 am-12 pm, meet at the tool shed in gravel parking lot. Contact John Linman at linmanjo@hotmail.com or 503-636-0134. Second Saturdays with SOLVE.

Register at www.solve.org/get-involved/eventregistration

Burnside and Maddax Woods Parks volunteers meet every 3rd Saturday, 9 am-12 pm. 5785 River Street, group contact person Steve 503-722-9581 or email smiesen@hotmail.com

Take Care of West Linn Day, May 14, 2016, 9 am-12 pm

Your organization can choose to organize your own project, partner with another organization, or send volunteers to another organization's project. The Parks and Recreation Department will help with identifying, planning and promoting your project. Additionally they will help obtain additional volunteers, and to recognize the effort of your volunteers. Contact Ken Warner at 503-557-4700 or email kwerner@westlinnoregon.gov to set up group project or find more details.

Old Time Fair — July 15-17, 2016 The West Linn Parks and Recreation would like to invite community members to the planning committee for the 2016 Old Time Fair. The volunteer planning committee is working hard to make the 60th Annual Fair the biggest and best in years. Call 503-557-4700 for information. If you are interested in being involved with this dedicated group, or sitting in



Volunteers make a tremendous difference in the livability of West Linn! This photo is of trash left near a river bank at a popular West Linn Park.

on one of the monthly planning meetings, give the Parks & Recreation Department a call at 503-557-4700.

Friends of McLean House

The Friends are sponsoring several work days to maintain and beautify the grounds and house during the next several months and are seeking volunteers to assist our endeavors. The Friends encourage volunteers with special skills (painting, carpentry, record keeping, event coordinating, catering to contact McLean Park and House 503-655-4268. Volunteers are requested to bring work shoes, gloves, and layered clothing. Contact: Telephone 503-655-4268, www.mcleanhouse.org,

Adult & Family Fitness

Summer Kick-off Dance Happy Trails Riding Center



Saturday, June 25, 2016
7-9 pm



Happy Trails Riding Center 20560 Fernview Road West Linn, OR

\$5 per person Includes: professional deejay and refreshments

These dances are open to teen-young adult age individuals. They are planned for the particular enjoyment of those who have a diagnosis of physical or cognitive disability.



Health and Well-Being
for the Entire Family

Classes Held at Sachi Wellness Center,
2008 Willamette Falls Dr, Suite 200A, West Linn | 503-607-0018

\$12 to drop in for most classes

Yoga Level 2

This class is designed for the yoga student with some experience. Special attention is given to postural alignment, Core strength, and pose breakdowns while incorporating twists, inversions, and balance work.

FEE: IC \$99/OC \$104 (11 weeks)

6/7-8/16	Tu	9-10:15 am	2001.301
6/9-8/18	Th	9-10:15 am	2002.301

Mindful Movement

Breathwork, visualization, meditation, and flexibility. These are all components of this gentle movement yoga class that is designed to awaken the sense of a balanced well-being.

FEE: IC \$99/OC \$104 (11 weeks)

6/8-8/17	W	9:30-10:45 am	2003.301
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All Levels Yoga: Discovering Your Roots

This class focuses on beginning to intermediate student with emphasis on breath, balance, and strength which all help to build each student's individual practice. Modifications are offered for the different levels of students, times

of life, and personal preference.

FEE: IC \$99/OC \$104 (11 weeks)

6/8-8/17	W	6-7:30 pm	2004.301
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Gentle, Nurturing Yoga

Everything about this class will have you feeling released from all tension, help you become fully present, and have you refreshed with an inspired perspective on life. Prenatal students wishing to participate will gain techniques helpful in labor, birth, and motherhood.

FEE: IC \$99/OC \$104 (11 weeks)

6/5-8/14	Su	8:45-9:45 am	2005.301
No class 7/3			
6/5-8/14	Su	5-6:15 pm	2006.301
No class 7/3			
6/9-8/18	Th	11-12 pm	2007.301

Belly Dance Beginning- Technique 1

Basic belly dance torso movement, steps and rhythms. Fun workout appropriate for all ages and body types.

FEE: IC \$65/ OC \$70 (5 weeks)

5 class pass good for any listed dates
6/3-8/12 F 12-1 pm 2008.301

Planning to Start or Expand Your Family?

There are important nutritional and detoxifying steps for both a man and a woman to take, prior to conception, to enjoy a healthier pregnancy and give your baby the best start for a healthy life.

Min 6 Max 30

FEE: IC \$30/OC \$35

6/28	T	6-7:30 pm	6750.301
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West Linn Adult Community Center, Hemlock Room

The Gluten Free Dilemma

A common complaint these days is gluten intolerance. The symptoms are annoying and the life changes frustrating. This class will look at the dilemma in a different light and explore foods to eat both at home and in a restaurant.

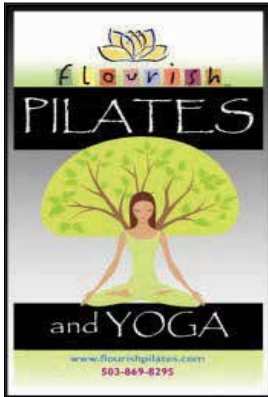
Min 6 Max 30

FEE: IC \$30/OC \$35

8/23	T	6-7:30 pm	6751.301
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West Linn Adult Community Center, Hemlock Room





Pilates Mat & Reformer Classes

Instructor: Flourish Pilates (Clare Baxter & Staff)

Address & facility location:
1785 Willamette Falls Drive, Suite #9 West Linn, OR 97068
www.Flourishpilates.com

Phone: 503-869-8295 • **e-mail:** clare@flourishpilates.com

Clare baxter is the owner of Flourish Pilates Studio in West Linn since 2007. Clare has been teaching since 1999, and is a certified stott pilates instructor, afaa fitness instructor, and has additional specialized training in pilates for; pregnancy, scoliosis, herniated/bulging discs, whiplash, sacroiliac joint dysfunction, cervical spine and shoulder stability, osteoporosis, and osteoarthritis. Clare and her certified instructors provide personal training and small group classes.

Pilates Mat With Props

Improve strength, flexibility & tone with balls, rings, rollers, & bands!

FEE: IC \$312/OC \$317 (16 sessions)
5/2-8/29 M 5:30- 6:30 pm 2044.301
No class 7/4 & 7/25

Standing Pi-Yo (Pilates/Yoga)

Combines the beneficial stretching of Yoga with the strength training benefits of the Pilates. Exercises are performed standing to increase balance and functional fitness. Benefit from strength & toning in this challenging and safe workout. Combat the effects of sitting in a small group and prevent injury.

FEE: IC \$312/OC \$317 (16 sessions)
5/6-8/26 F 9-10 am 2045.301
No class/charge 6/18 & 7/29

Introduction To Pilates Reformer & Spring-Wall

Exercise on the Pilates Reformer machine with beginners in a small group of up to 5 people. Get back into fitness gently with the Pilates Spring-wall and stretch, lengthen and strengthen muscles at the same time. Gain core strength and tone your entire body! Increase flexibility, improve posture, and prevent injury by balancing out the body.

FEE: IC \$528/OC \$533 (16 sessions)
5/4-8/24 W 10-11 am 2046.301
No class 7/27
5/4-8/24 W 6-7 pm 2047.301
No class 7/27



Pilates Reformer & Spring-Wall

Exercises involve more coordination, strength, and experience practicing Pilates than the Intro to Reformer or Mat classes. Work in a small group of up to 5 people. Lengthen and strengthen tight muscles, prevent injury, and balance out the body with weight training using the Pilates Reformer and Pilates Spring-wall to increase tone and strength gradually.

FEE: IC \$528/OC \$533 (16 sessions)
5/2-8/29 M 6:30- 7:30 pm 2048.301
No class 7/4 & 7/25
5/3-8/23 T 9:30-10:30 am 2049.301
No class 7/29
5/3-8/23 T 6-7 pm 2050.301
No class 7/29
5/5-8/25 Th 9-10 am 2051.301
No class 7/28
5/5-8/25 Th 6- 7 pm 2052.301
No class 7/28

Pi-Yo (Pilates/Yoga) Beg/ Int. Reformer/Spring-Wall

Combines the beneficial stretching of Yoga with the strength training benefits of the Pilates Reformer machine and Spring-wall.

FEE: IC \$528/OC \$533 (16 sessions)
5/7-8/27 Sa 9-10 am 2053.301
No class 7/30

Ballet Barre! & Pilates Reformer

Improve your posture & lift your BOOTY with Ballet Barre and tone up with the Reformer. This great workout works the hips, gluts, arms, abs, and legs. This is a fluid workout, safe for the non-dancer. By strengthening the hips and gluts, we can also prevent many back issues. Combat the effects of sitting in a small group.

FEE: IC \$528/OC \$533 (16 sessions)
5/2-8/29 M 10-11 am 2054.301
No class 6/13 & 7/25



Nia

Tony Buscemi
Tony is Black Belt trained in Nia. Nia is a mind, body, body and spirit practice that teaches students to become aware of body sensation, monitor physical activity, seek pleasure in movement over pain. The practice is a whole body integrated conditioning program.

FEE: IC \$90/OC \$95 (10 sessions)
\$10 drop in
6/3-9/2 F 9:30-10:30 am 2000.301
No class 6/24, 7/15, 7/22, 8/26
Sunset Fire Hall, Upstairs



There are broad opportunities to volunteer through West Linn Parks and Recreation and now there is an easier way to match your time and talents with the current needs <http://westlinnoregon.gov/parksrec/volunteer-parks-and-recreation>. Review the volunteer opportunities, submit your application and your available time and one of our volunteer specialists will match you with a meaningful volunteer job experience.

Adult Programs

Photography Instruction

Dwon Guvenir, Craftsman Photographer www.oregonphotosafaris.com

16- Adult

Photography Basic

This is the first 2 hour introduction of the Advanced Photography class, an overview of how modern digital and film cameras function to create art. It's a great place to start if you're not really sure you want to take the time to develop your skills as a photographer. This course is not a prerequisite for the Advanced Photography course. Bring camera and manual.

Min 5 Max 20

FEE: IC \$35/OC \$40

7/11 M 7-9 pm 1050.301

West Linn High School, Classroom A101

Photography Advanced

Craftsman Photographer Dwon Guvenir will teach you the skills necessary to be in complete control of your photography, both the tech and the art of photography. This class brings students of all levels up to the "advanced" level. No prerequisite. Bring camera and manual.

Min 5 Max 20

FEE: IC \$100/OC \$105

7/11-7/13 M-W 7-9 pm 1051.301

West Linn High School, Classroom A101

Mindfulness Meditation: a way to Health and Happiness

Ages 15 and older

Actively develop a healthy mind & body and remove stress with comfortable meditation postures. Good for all health conditions, pain management, and open to all abilities.

FEE: IC \$104/OC \$109 (13-weeks) Drop-in Fee: \$10 per class to instructor

6/7-8/30 T 7-8:30 pm 1066.301

Adult Community Center

ABOUT THE INSTRUCTOR: Surja Tjahaja holds a MBA degree from USC. He has practiced meditation for the past XX years and is especially interested in how meditation promotes neuroplasticity of the brain and healing. A graduate of the Chaplaincy Program at the Sati Center for Buddhist Studies in California, Mr. Tjahaja has served as a volunteer chaplain at Laguna Honda Hospital and Rehabilitation Center in San Francisco. He currently teaches weekly meditation classes open to people of all ages and health conditions through the Parks and Recreation Departments of Lake Oswego and West Linn.



FALL BARN DANCE

Saturday, September 24, 2016

7:00 - 9:00 pm

Happy Trails Riding Center
20560 Fernview RD,
West Linn, OR 97068

SAVE THE
DATE!

This is a social event with particular consideration to the enjoyment of young adults with a diagnosis of physical or cognitive disabilities.

Friends and Family Welcome!

Admission cost of \$5/person at the door.



Sponsored by:

CITY OF
West Linn
PARKS & RECREATION



Write Your Memoir

Write the story of your life to share with future generations and preserve your history. Learn the structure of the memoir, and expand it using the techniques of creative non-fiction. Embark on a journey of self-discovery through writing!

Min 3 Max 25

FEE: IC \$125/OC \$130 Material Fee: \$25 paid to instructor at first class

6/7-6/28 Tu 7-8:30 pm 2122.301

West Linn Adult Community Center- Classroom

Non-Fiction Magazine Writing for Fun and Profit

Use your homemaking skills, woodworking knowledge, and other crafty skills you have collected over the years to write for specialized online and print magazines like eHow, Livestrong, Working Mother, and many other magazines that are looking for local specialists to write articles.

Min 3 Max 25

FEE: IC \$125/OC \$130 Material Fee: \$25 paid to instructor at first class

7/5-7/26 Tu 7-8:30 pm 2123.301

West Linn Adult Community Center- Classroom

About the Instructor: Jennifer Johnston taught memoir writing and the personal essay at American University in Washington, DC between 1998-2001. Jennifer has graduate degrees from the University of Oregon and Harvard University. She has been writing poetry for over 20 years and has published in the "Antigonish Review" and "Avocet, A Journal of Nature Poetry." She was a student of Oregon poet John Haislip who won the 1986 Oregon Book Award for poetry. Jennifer Johnston has written for many print and online magazines including eHow, Synonym, Livestrong, and Working Mother.

TAKE CARE OF WEST LINN DAY

May 14, 2016, 9 am-12 pm

Appreciation Barbecue At Mary S Young Park 12-1:30 pm

The Parks & Recreation Departments mission for Take Care of West Linn Day is to promote the value of volunteerism and community pride by making available opportunities for community members to participate in projects to give back to their community and maintain the high quality of life in West Linn. Our goal is to facilitate a large number of events throughout the City led by community organizations. We will also promote opportunities for individuals to join one of these events and provide an after-event to recognize volunteers.



The types of projects organizations may choose to organize include:

- Natural Area cleanups
- Park plantings
- Invasive species removal
- Park improvement projects
- Trail maintenance
- Community landscape projects
- Tree planting
- And many others



Your organization can choose to organize your own project, partner with another organization, or send volunteers to another organization's project. The Parks and Recreation Department will help with identifying a project, planning your project, promoting your project to obtain additional volunteers, and recognizing the effort of your volunteers.

Please let us know by May 2, 2016 if your organization is interested in participating in Take Care of West Linn Day in some form.

Contact Ken Warner at 503-557-4700 or email kwarner@westlinnoregon.gov to set up group project or find more details.



Adult Programs

NEW CLASS

iPad/iPhone: Beyond the Basics

D. Casner

Adults- 18+

Have an iPhone/iPad? Come learn tips and gain an understanding about this smallest of computers that can manage and change your life. Topics include general settings, camera options, GPS, iTunes, syncing, and much more. Bring your own iPhone to class.

Min 5 Max 15

FEE: IC \$72/OC \$77 \$3 Materials Fee to be paid directly to instructor

6/20 & 6/22 M & W 6-9 pm 1028.301

West Linn High School, Room A101

7/16 Sa 9 am-4 pm 1029.301

1 hour lunch break

West Linn Adult Center, Classroom

About instructor, David has taught Apple based courses at Central Oregon Community College. He has over 10 years technical expertise, an undergraduate degree in Adult Learning, and is currently pursuing M.Ed. in Adult Education.

Voice Overs: NOW is Your Time!

L. Foster

A One-time 2- Hour Program for Adults

YOU'VE HEARD LISA FOSTER ON TV AND RADIO COMMERCIALS! Now hear Lisa LIVE as she illustrates how YOU could actually begin using your speaking voice for commercials, films, and videos! Most people go about it the wrong way. Lisa will show you a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your

own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for! Lisa Foster's voice can be heard on commercials and narrations for such clients as: Crest Toothpaste, Olay, Café Appassionato, LA Weight Loss, Advanced Laser Clinics and Sleep Train.

Min 4 Max 40

FEE: IC \$35/OC \$40

6/29 W 6:30- 8:30 pm 1005.301

West Linn Adult Community Center, Classroom-Hemlock

Beginning Ballroom Dance

D. Crandell

16- Adult

PARTNERS REQUIRED/ NO PARTNER ROTATION

Min 8 Max 24

Beginning Tango

A very popular dance!

Min 8 Max 24

FEE: IC \$45/OC \$50 per person

6/9- 6/30 Th 7- 8 pm 1020.301

Adult Community Center, MPR Oak/Pine

Beginning Jitterbug Swing

A very easy dance to learn! Very Beginner friendly!

FEE: IC \$45/OC \$50 per person

7/7- 7/28 Th 7-8 pm 1021.301

West Linn Adult Community Center, MPR Oak/Pine

Beginning Lindy Hop Swing

The Granddaddy of all swing dances!

FEE: IC \$45/OC \$50

8/4- 8/25 Th 7- 8 pm 1022.301

West Linn Adult Community Center, MPR1&2

Adult Dance Intermediate Level

D. Crandell

16- Adult

These classes are beyond the beginning level. Contact Dave or Jody Crandell at 503-637-6295 or email jivehop@netzero.com for more information.

PARTNERS REQUIRED/ NO PARTNER ROTATION

FEE: IC \$45/OC \$50 per person

Intermediate Country Western 2 Step

See course description above.

6/9- 6/30 Th 8:15- 9:15 pm 1023.301

Adult Community Center, MPR Oak/Pine

Intermediate Waltz

See course description above.

7/7-7/28 Th 8:15- 9:15 pm 1024.301

Adult Community Center, MPR Oak/Pine

Intermediate Lindy Hop Swing

See course description above.

8/4- 8/25 Th 8:15- 9:15 pm 1025.301

Adult Community Center, MPR Oak/Pine



Adult Community Center Annual Plant Sale

Thursday May 5 & Friday May 6
9 am-3 pm

Support the West Linn Adult Community Center by stopping by the Annual Plant Sale. There will be beautiful hanging baskets, annuals, perennials, vegetable starts and fruit options. Perfect time to think about those **Mother's Day Gifts!**

*All proceeds from the event go towards the operation of the Adult Community Center.



CONCERTS IN THE PARK!

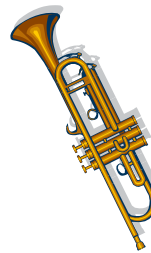


Clackamas
Community Band

Performances at Hammerle Park

July 6 at 7:00 pm
July 20 at 7:00 pm

Also Performing at
West Linn
Old Time Fair
Saturday July 16,
3:30-4:30 pm
Willamette Park



Star Spangled 4th of July Celebration 2016

1100 12th Street Willamette Park

United States Army Color Guard

Activities Start at 6:00 PM
BBQ and The Oregon Beverages
Concert and Games / Fireworks at Dusk

TVF&R Raising of the Flag

Official Speakers and
West Linn Mayor Russ Axelrod

Sponsored by -
Gramor - J.T. Smith - ICON -
Mt Hood Tourism - Others
Alice Richmond
Info 503-723-0101



Mothers Day Tea



Monday May 2, Noon
Adult Community Center

Advance tickets will be available early-April for this delightful annual event celebrating mothers and other wonderful women who bring joy to our lives.

West Linn Adult Community Center

Photo by Expressions of Eden



The West Linn Adult Community Center is open to any adult 50 years and better in the West Linn and surrounding area. The Center affords assistance to eligible adults in maintaining an independent lifestyle through City staff, service agencies and volunteer staff. The Center also provides social, recreational, health and educational services and programs.

Open Monday-Friday, 9 am-3 pm

Closed all legal Holidays and when Schools are closed due to inclement weather

Scheduled Closures This Session:

Scheduled Closures This Session:

May 30th-Memorial Day

July 4th-Independence Day

The Adult Community Center is located at

1180 Rosemont Road

(west of Salamo, just past Rosemont Ridge Middle School)

503-557-4704

Services

Congregate Meals Meals are served Mondays, Wednesdays and Fridays at noon. Attendees are asked for a meal donation of \$4.

Reading Do you have a favorite author? Then come enjoy our great lending library. No check out-no return date or late fees. We have an expansive list of authors and always accept current books for donation.

In cooperation with the Oregon City Pioneer Center the citizens of West Linn are able to receive social services support. Some of the services available are:

Meals on Wheels Volunteers deliver meals four days a week, Tuesday through Friday, around noon. Arrangements can be made for frozen meals for weekends and Mondays. Special meals are provided for diabetics and those needing low cholesterol and low sodium meals. Basic eligibility requirements are that a person be age 60 or older, homebound or unable to get to a meal site; or disabled of any age referred by Medicaid. Call 503-657-8287.

Transportation Transportation-A lift-equipped bus is available to pick up West Linn residents. Call in a minimum of two days in advance of the day you need a ride or a week early. Pick-ups begin around 9:30 am. Let them know if you require use of the lift. A minimum donation per round trip ride of \$2.00 is suggested. Call 503-657-8287.

Transportation Reaching People (TRP) A program managed by the Clackamas County Social Services. It provides transportation for elderly, disabled, or rural Clackamas County residents for medical appointments, shopping, and personal errands.

A four working day notice is required for a ride. Donations are greatly appreciated and needed for TRP's continued operation. Volunteers in their personal cars provide this service. Please call 503-655-8208 to register and schedule your ride

Information and Assistance If you are looking for current information on opportunities and services available within our community you can contact us at 503-557-4704. The City of West Linn contracts with the Pioneer Community Center in Oregon City for client services, Meals on Wheels and in house assessments. Call 503-657-8287.

Health and Wellness Programs provided at/or through the West Linn Adult Community Center are:

Foot Clinic Foot Care is provided by a visiting nurse for \$25. Clinics are held every 1st Wednesday and Friday of every month. Call to schedule appointment at the Adult Community Center.

Home Medical Equipment Medical equipment available for loan at no cost include: canes, crutches, and walkers. Please note: we do not always have items available. It is best to call ahead of time. We no longer accept or loan wheel chairs. Donations of medical equipment in good condition are greatly appreciated. Call the Center at 503-557-4704 to request an item.

Acupuncture Treatment Chihiro Aber, Lac., MSOM provides healing services to members of the Friends of the West Linn Adult Community Center the 1st and 3rd Thursday of each month at the Sachi Wellness Center, located at 2008 Willamette Falls Drive, Suite A in West Linn. Services are provided at a reduced fee of \$40 for WLACC members. To schedule your appointment, call the Adult Center at 503-557-4704.

West Linn Adult Community Center

Upcoming Presentations, Cooking Classes and Special Events

Join us for various presentations on health and senior living topics. Some talks may get scheduled after the printing time of this brochure.

Please call or stop in at the ACC front desk for up to date information. 503-557-4704

April 7th at 12 pm

Bring a lunch if you wish.

How to Pay for Long-Term Care Without Going Broke

- Asset protection strategies
- Veteran's benefits
- Medicare
- Long-term care insurance
- In-home care issues
- Medicaid

Monday, May 2nd at noon

Mother's Day Tea

Join us for this much beloved, annual event for mothers and friends. Advanced tickets go on sale at the beginning of April. Ticket price is \$14.00

Cooking classes

Whether you're looking to improve your cooking skills or just want to enjoy a fabulous meal with others in the community, our cooking classes will provide a fun and educational atmosphere that will leave you with new skills, new friends and a satisfied, enjoyable early dinner. Cooking classes are \$20 each and include the meal. 8 person minimum is required for each class. West Linn Adult Community Center

Thursday, May 5th, 3:30-5:30 pm

Pan Seared Pacific Red Snapper

Pan seared Pacific red snapper topped with beurre blanc "white wine butter sauce" roasted red potatoes with fresh thyme and rosemary and steamed asparagus.

About our cooking instructor--

Daniel James is a member of the local community. He has spent many years working in fine dining establishments where he learned from some of the best head chefs in the state. He is happy to share that knowledge with us. He has a passion for cooking in all of its various styles. When he isn't in the kitchen you can find him at Safeway where he works in the produce department.

May 5th and 6th from 9 am-3 pm

Annual Plant Sale

Select from a variety of hanging baskets, perennials and vegetable starts.

Friday, April 8th, 4-6 pm

Join us for the Open House & Grand Reopening of the West Linn Adult Community Center!

Appetizers will be served as we celebrate our reopening! Along with showcasing our new space, we'll also have class demonstrations, music by our very own music groups, a fashion show from our gift shop and prizes for free fitness classes, cooking classes and fabulous meals held here. This is a come and go event but below is a schedule of specific highlights--

Greetings and announcements at 5 pm

Exercise demonstrations by our instructors

- 4:15 The many benefits of core strength and myofascial release with Jacquelyn Rodgers
- 4:30 Nia-Music and Movement with Maria Milner
- 4:45 Meditation Changes Everything with Claudette Pelletier
- 5:15 T'ai Chi with Sharon Miller
- 5:30 Qigong demonstration with Lyn Ruffner

Music & Drama demonstrations and performances

- 4:00 Share Singers demonstration and sing along
- 4:30 West Linn Uke Jam
- 5:10 Rosemont Rhythm Band
- 5:45 Age Cured Hams--drama skit

The West Linn Adult Community Center Gift Shop

"the best little Gift Shop in West Linn"



Open Monday through Friday
from 9 am to 3 pm

1180 Rosemont Road • 503-557-4704

West Linn Adult Community Center

On-Going Activities



ACC Wine Tour 2016

Adult Coloring (art meditation)

Research shows that adult coloring has a de-stressing power and can be therapeutic to the older adult mind. Come join this new activity and enjoy the relaxing benefits of coloring with friends. You may bring your own book or borrow one from us. Coloring pencils will be provided.

Thursdays, 1-3 pm
No Charge

Aerobics Class

Come join this group morning video exercise class. What a great way to start your day! Mon, Wed and Fri 10-11 am. No charge

Agesong-Meditations for our later years (book study)

This book study group, lead by Claudette Pelletier, is educational in nature and encourages growth and development in our mature years. We observe confidentiality with regard to any personal information which may be revealed in the course of the group discussion. Beginning April 8th
Thu, 1-2 pm, \$50/5 weeks

Book Club

This gathering is designed to be able to hold lively, well balanced book discussions. Call the Center for the name of current titles.
2nd Wed of each month 1-2 pm
No charge

Bus Trips

We have regular bus trips that go to various locations around the area. Please call 503-557-4704, stop in or check online for current bus trips that are scheduled as all trips are subject to change. Please go to <http://westlinnoregon.gov/parksrec/acc-newsletter> to see the current trip schedule online.

Computer Use and Instruction

The computers are available for individual use on your own or you can schedule a one-on-one session geared to your level of knowledge. The individual instruction is offered free of charge and by appointment.
Tues, Thurs and Fri mornings.
(Call Center for appt.) No charge

Core Strength

Instructor, Jacquelyn Rodgers, certified through NASM, a yoga instructor, running coach and arthritis certified, will be leading this 1/2 hour floor exercise and resistance training program to build core strength.
Tues, Thur & Fri 8-8:30 am (8 week session)
\$40 for 2 classes per week,
\$60 for 3 classes per week or a Drop-in \$4

Curtain Call

Are you a theatre buff? Do you enjoy stage productions? If so, call or stop by the ACC for titles and dates of upcoming shows for the Lakewood Center for Arts in Lake Oswego.

Drama group: Age-Cured Hams

A drama group focusing on funny. Volunteers for sets, costuming, and performance night always needed.
Mon 1-3 pm, excluding holidays.
No charge.

Honoring Our Memories

Our "Honoring Our Memories" class is designed to encourage writing as a celebration of life. Through this celebration we leave stories that impact beliefs, life lessons, hopes and dreams for our loved ones. Please come and join us on Tuesday mornings.
Tues 10 am-12 pm No charge



Foam Roller Class

Foam rolling is a popular form of self-myofascial release, a type of therapy that prevents injury and stiffness by concentrating on the connective tissue surrounding muscle. You'll learn how to roll every part of your body effectively to remove knots, increase flexibility, and instill muscle health and wellness. Please bring a foam roller and a mat to class.
Beginning April 8th
Fri, 9:45-10:30 am
\$48/8 week session

Garden Appreciation

Join our garden group and you will learn all the tips that are needed to have that lovely garden you have only dreamed about. Surely someone in the group can help with almost any gardening problem or question you may have. So stop by and see if they can help you with your questions.
Wed 11am-12 pm No charge

Kettlebell Class

Kettlebell is an efficient exercise that is proven to increase strength, flexibility and aerobic fitness. It's a challenging workout but can be adapted for any fitness level. Janet Duback is a HKC certified kettlebell coach who has been teaching kettlebell for over 4 years and specializes in assessing for dysfunctional movement. She is nationally certified in FMS functional movement screening and is a RRCA running coach. Please call City Hall, 503-557-4700, for introductory class information.
Wednesdays at 9 am, \$7/class.

Knitting & Crocheting

Do you enjoy good conversation while working on a project? Bring your knitting and/or crocheting and join this fun Thursday morning group. Any knowledge level is welcome.
Thurs 10 am-12 pm No charge

West Linn Adult Community Center



Line Dancing

The Boot Scoot, Electric Slide or the Alibi Waltz--Country Western Line dancing is so much fun, it doesn't even seem like you're exercising. Beginners welcome--No partner necessary--No experience required.

Wednesday 11am-12 pm
\$40/8 weeks or \$5 drop-in

Meditation Changes Everything

In this six week class, taught by Claudette Pelletier, you will discover for yourself the immediate benefits of a meditation practice. You will learn simple techniques to quiet your mind, to observe and release the thoughts that stress your body, as you practice looking at life from a gentler, simpler perspective. Most people feel less pain, improved health and experience more joy in their daily lives. A meditative practice can be life changing and life transformative for people of all ages even when sitting mindfully and quietly for only short periods of time on a daily basis. Best of all is the deepening personal and spiritual growth that comes with a meditation practice. May it be so for you.
Beginning April 7th.
Thu 10-11 am. \$50/6 week session

Nia-Music & Movement

Nia is movement as medicine: an invitation to self-healing. It encompasses the classic movement forms of the martial arts, the healing arts and dance. Every "body" can do it in their own body's way. It is kind to the joints, good for the heart and mind, and the music is indescribably delicious.... "Nia is, in fact, like chocolate. You can't describe it, you have to taste it." Dick Van Dyke, now 89 years old, just published a book on aging gracefully: "KEEP MOVING". Yes! Please do... We want everybody to benefit from Nia's unique approach and come move and be moved with us. This class is lovingly hued and honed for we who are 50+.
Begining January 4th.
Tue/Thu 11:15 am-12 pm
Monthly pass \$40/8 classes
Drop-in \$7

Qigong

This class will introduce the student to Qigong philosophy and practice. Qigong, a philosophy of life fostering wisdom, wellbeing and harmonious living is practiced using a combination of movement, breathing techniques and meditation. Students will learn self-massage, stretching, breathing

techniques and other simple forms to do on a regular basis to enhance their health. No prior experience is necessary. Recommended equipment is a yoga mat, blanket and pillow. All forms can be performed seated in a chair as well as sitting or standing on the floor. Recommended attire is loose fitting clothes.

Mon 10-11 am. Beginning April 4th
\$55/8 weeks

Rosemont Rhythm Band

Playing and singing great cover tunes of our time! All instruments/singers are welcome. Come join the fun! Wednesdays 1-3 pm.

Share Singers

We travel to assisted living facilities and share conversations and sing-along's with residents. Some Thursdays. Please call for schedule. No charge.

Strength & Balance

Improve your strength and balance to conquer those every day activities! You will utilize small hand weights, chairs and standing exercises. This always popular exercise class is also taught by Jacquelyn Rodgers (see Core Strength for further information).
Tues, Thur & Fri 8:30-9:30 am
(8 week session)
\$70 for 2 classes per week,
\$108 for 3 classes per week
Drop-in \$5

T'ai Chi

(instructor lead)
Taught by Sharon Miller, increase your vitality, coordination and balance. This class will introduce you to the ancient Chinese Yang-Style Form. The 24 Movements are performed in a continuous sequence at slow speed--beneficial for any age or physical shape. Non-Competitive.
Wed & Fri 11 am-12 pm,
beginning April 6th,
\$80/8 weeks (16 classes)

Tai Chi

A calming form of exercise that is believed to be effective for a wide range of health problems including: headaches, high blood pressure, arthritis, back pain and others. It helps to restore natural circulation and relieves tension in muscles. This class in an open floor, self-led class.

Mon 8:45-9:45 am. No charge

Walking Group

We have a very friendly group of morning walkers, and they would love to have you join them. Walkers are at all levels, so you won't be left behind. Join them at the Adult Community Center in fair weather and if rain is falling they take advantage of the cover at the Oregon City Shopping Center. Mon, Wed and Fri 8:30-9:30 am. No charge

West Linn Uke Jam

Come join others who enjoy playing the Ukulele. Your skill level is unimportant, just bring your Ukulele, and your willingness to join in, learn and have fun!
Tuesdays 2-3:30 pm. No charge

Woodworking

The group ranges from novice to expert carvers. Join us! Bring your own tools and supplies.
Mondays 9 am-12 pm. No charge

Yoga

Gentle Yoga and Strength is a comprehensive and gentle class covering balance, strength and stretching moves while relaxing your body and mind. Class taught by Tiffany Carlson.
Tuesday & Thursday 10-11 am
\$60/8 weeks or Drop-in \$6.50

We always encourage suggestions of new activities. Call the Center at 503-557-4704 and we'll see what we can do!

West Linn Parks & Open Spaces

Park Facility Reservations

The West Linn Parks system has park facilities available on a first come first served basis. However, if you are anticipating a large group, you may wish to make a reservation in advance. The Parks Department has reservations available at parks for your convenience, all with restroom facilities, for your group.

Picnic Area & Field Reservations- NEW PROCESS

Reservation applications for picnic areas and ball fields/court areas may be submitted 6 months prior to your event date for reservations between March 1st and October 31st. Applications for ball fields and courts will be approved as soon as the City has coordinated with local youth sports organizations for in season use.

Parks with Reservable Picnic Areas

Hammerle Park 1505 Lewis St.

This 6 acre park offers the following amenities: picnic shelter, 2 small softball/baseball fields, tennis court, sand volleyball court, playground, water spray park, horseshoe pit, water and power. This park offers a picnic area, with a shelter with many shade trees as well as open turf areas.

Mary S. Young Park 19900 Hwy. 43

Located on Highway 43 in West Linn. This scenic park is part of the West Linn Park System. It features athletic fields, walking trails, a Covered shelter, off leash dog run area, open views of the Willamette River and wildlife viewing.

Marylhurst Heights Park 1800 Valley View Dr.

Located off of Valley View Drive, this 7+ acre park offers 2 small shelters, play structure, water spray park, a labyrinth, open field area and restrooms.

Tanner Creek Park 3456 Parker Rd.

This park offers a shelter, water spray park, play structure, open field area, basketball court, tennis court, restrooms and a skate park.

Willamette Park 1100 12th St.

Located at 12th & Volpp Street where the Tualatin River meets the Willamette River, this 15 acre park offers the following amenities: 3 picnic shelters, stage, baseball field, 2 softball fields, 2 volleyball courts, horseshoe pits, river access including boat ramp and docks, canoe/kayak locker, playground, water spray park, water and power.

Parks & Open Spaces

Benski Park

1.68 acres located on Carriage Way. This attractive park offers play equipment, basketball pad, and turf areas for picnics, games, etc.

Burnside Park

10 acres located on the Willamette River with access from the end of Holmes Street, Buck Street and Edgewater Court. This natural area has hiking trails, river access and wildlife viewing.

Camassia Natural Area

22.5 acres owned and maintained by the Nature Conservancy. This nature area offers unique and rare plant species, wildlife viewing and hiking trails.

Cedaroak Boat Ramp

16.5 acres located at the end of Elmran Avenue. This boat ramp facility also offers river access, hiking trails, restroom, fishing and wildlife viewing. CLOSED FOR CONSTRUCTION 7/1/16 UNTIL COMPLETED.

Cedar Island

14 acre island in the Willamette River. Boat access from the river and Cedaroak Boat Ramp. Pedestrian access from Mary S. Young State Park, by bridge, during spring, summer, and fall. Activities include fishing from platforms, hiking trails and wildlife viewing.

Douglas Park

This 2 acre park has walking trails, open turf area, basketball court and play structure.

Fields Bridge Park

19.8 acres located on the banks of the Tualatin River at 821 Willamette Falls Drive. Contains beautiful open space with river access, community gardens, basketball court, ball fields, playground, Willamette Meteorite Interpretive Trail and restrooms.

Hammerle Park

5.81 acres located on Highway 43 at Lewis Street. Facilities include picnicking, a covered shelter, play equipment, restroom, athletic field, tennis court and a water spray park.

Ibach Nature Park

1.2 acres with access from the western edge of Sahallie Illahee Park. The park offers hiking trails and wildlife viewing.

Maddax Woods

Located at 5785 River St., this 7 acre park offers pathways and trails through the peaceful woods. Complete with picnic tables, natural areas, wildlife viewing and river access.

Mary S. Young Park

Located on Highway 43. The 126 acre park offers you a peaceful place to walk or sit by the Willamette River. This quiet, forested park is great for urban birders. There are also sports fields, a restroom, shelter and an off leash dog area.

Marylhurst Heights Park

This 7+ acre park has walking paths, open turf area, playground, labyrinth, restrooms, shelters and water spray park

Midhill Park

A full 7 acres, this nature oriented park offers picnic tables, play structure, nature paths and trails, open turf area and restroom.

North Willamette Park

7 acre park with open space and trails is located at the end of either Rosemarie Drive or Matheny Drive, 2 playground areas, tennis court, basketball courts, trails, turf area and restroom.

West Linn Parks & Open Spaces

Palomino Park

.5 acre located on Palomino Way offers play equipment, basketball pad and turf areas for picnicking, games, etc.

Robinwood Park

15 acres of park land, with 7 acres currently developed. Access from Fairview Way. This park currently offers an open field area, basketball pad, play equipment, restrooms, water spray park and skate area.

Sahallie Illahee Park

4.26 acres with access from Horton Road and Nelco Circle. This park offers play equipment, basketball pad, turf area for picnicking and games, hiking trails and wildlife viewing.

Skyline Ridge Park

2.5 acres located at the corner of Troon Drive and Stonehaven Drive. Facilities at this site include tennis courts, basketball pad, play equipment, and turf areas for picnicking, games, etc.

Sunburst Park

6.5 acres has access from Derby Street, Suncrest Drive, and Bellevue Terrace. This park offers play equipment, a basketball pad, and turf areas for picnicking, games, etc.

Sunset Park

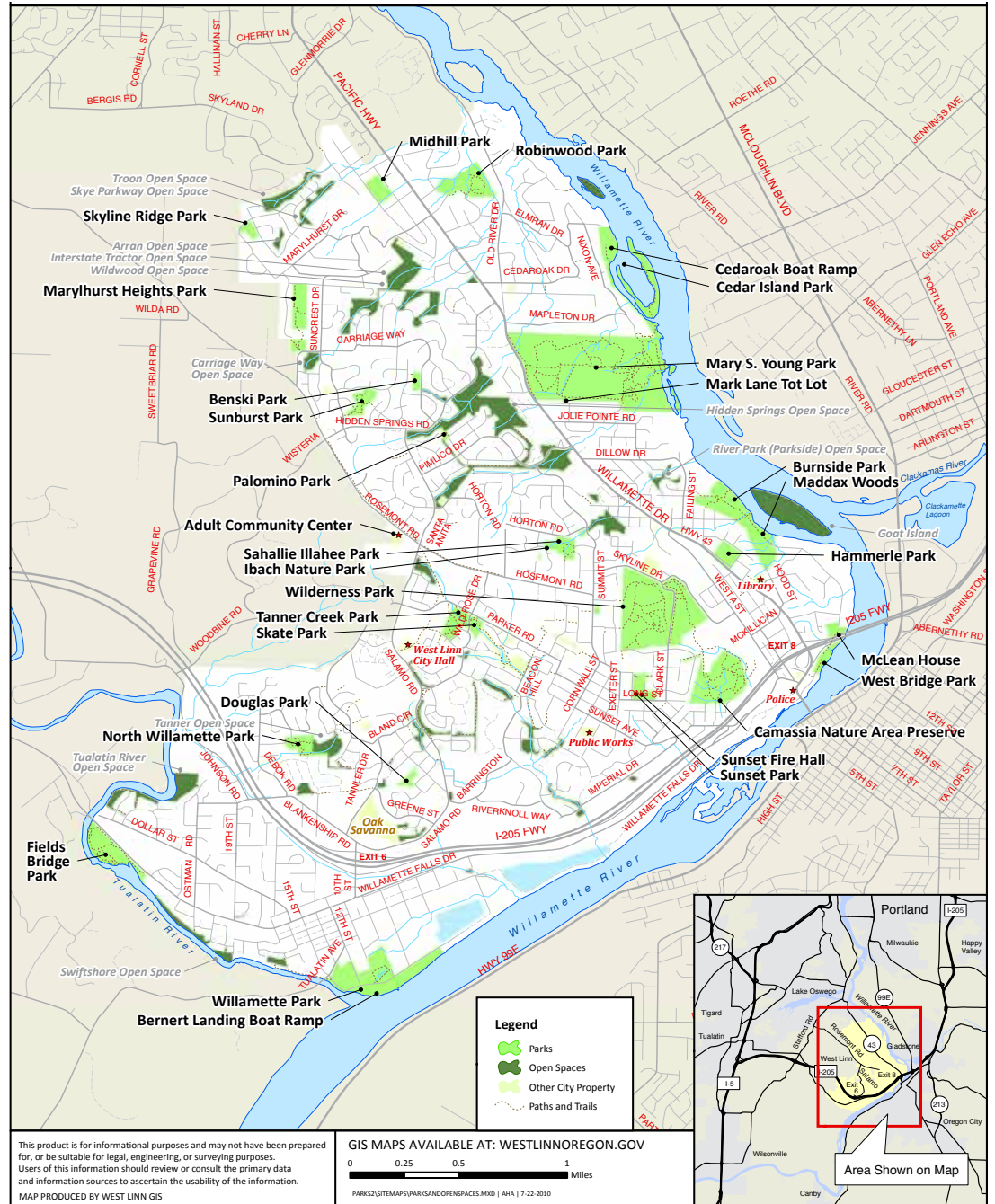
2.44 acres located at the corner of Long Street and Bittner Street. The park contains picnicking areas, a covered shelter, play equipment, basketball hoops & tennis courts and restrooms.

Swiftshore Park

4 acres of riverfront park on the Tualatin River at the end of Swiftshore Drive. The park offers river access, fishing, wildlife viewing, and turf area for picnicking, games, etc.

Tanner Creek Park

10 acres located on Parker Road. The park offers play structures, a shelter, water spray park, basketball court, tennis court, restrooms and a



skate park. The shelter is available for reservations with a limited capacity of 50 people.

The White Oak Savanna

14 acres located at 2425 Tannler Drive. The upper portion covered with White Oaks that are currently receiving work in the area of preservation and restoration. This natural area includes trails and benches from key viewpoints.

Wilderness Park

51.4 acres with access from Clark Street, Skyline Drive, and Windsor Terrace. This large nature area offers numerous hiking trails and wildlife viewing.

Willamette Park/Bernert Landing Boat Ramp

22.5 acres located at 12th & Volpp on the banks of the Tualatin and

Willamette Rivers. This park offers river access, riverfront picnicking areas, 3 covered shelters, play equipment, restroom, athletic fields, volleyball courts, 5 horseshoe pits, canoe/kayak locker, water spray park, boat ramp, wildlife viewing and an outdoor stage.

Facilities

Does your group need a place to meet?

Is your house too small for that special party?

Can't find a location for your wedding reception?

The City of West Linn may be able to meet your needs utilizing the Community Rooms located at Sunset Fire Hall, the West Linn Adult Community Center or the Historic McLean House.

The Sunset Fire Hall and Adult Community Center are available through the Parks & Recreation Department at 503-557-4700 for Sunset Fire Hall and 503-557-4704 for the Adult Community Center.

For McLean Park and House contact the coordinator for a private tour by calling 503-655-4268.

The West Linn Adult Community Center

1180 Rosemont Road



The West Linn Adult Community Center is a fully accessible, single-level, facility with several multi-purpose rooms and two classrooms, a well-equipped kitchen and lounge area with gas fireplace. The newly expanded building now boasts a beautiful large open room and new classroom. Rent the entire facility for your special celebrations or just the space you need for meetings. The grounds are attractively landscaped with a tranquil pond and patio seating. On site amenities include: tables, chairs, tablecloths, kitchen accessories, flatware and glassware, wi-fi and baby grand piano. Please contact Tiffany Carlson for a tour by calling 503-557-4704.

Sunset Fire Hall

2215 Long Street



This is a two story facility with with kitchen and meeting/eating area on the lower level. Upstairs there is a wood floor ballroom perfect for get togethers. Amenities include: a refrigerator, stovetop with single oven, round and rectangular tables and chairs.

McLean House

5350 River Street



The beautiful 1927 McLean House sits on 2.5 acres of park. The house and park have recently been lovingly restored. It is the site of weddings, family and corporate celebrations as well as small events and business meetings. The house has a large living room with a piano, a sunroom, a formal dining room and modern kitchen on the first floor. Folding tables and chairs are available for your use. There are three rooms on the second floor. The Friends of McLean House and Park manage the property. Consider holding your next special event at this local landmark that's right in your own back yard. You can also visit www.mcleanhouse.org or call 503-655-4268 for further information.

ACTIVITY REGISTRATION FORM CITY OF WEST LINN

REGISTER ONLINE AT www.westlinnoregon.gov

PARTICIPANT NAME _____ M or F _____ DOB _____ GRADE _____

PARENT/GUARDIAN NAME _____ SCHOOL _____

ADDRESS _____ CITY _____ ZIP _____

PHONE NUMBER _____ E-MAIL _____

EMERGENCY CONTACT _____ PHONE _____

ANY MEDICAL CONDITION, ETC. _____

IF YOU HAVE A DISABILITY AND REQUIRE AN ACCOMMODATION IN ORDER TO PARTICIPATE, PLEASE EXPLAIN HERE

CITY OF WEST LINN RESIDENT? _____ YES _____ NO _____

CLASS #	ACTIVITY TITLE	START DATE/TIME	\$

TOTAL Amount Due \$ _____

Recreation Scholarship Fund:

YES, I would like to contribute __\$1__ \$2__ \$5, or other \$_____ to the Recreation Scholarship Fund.

This fund allows children from West Linn to attend recreation programs in our City who otherwise may not be able to participate. Please include this with your payment. Thank you for your donation.

Make Check to: City of West Linn Recreation Program

Mail to:

City of West Linn

22500 Salamo Road, #1100

West Linn, Oregon 97068

Credit card payment may be made by phone, during business hours by calling 503-557-4700.

WAIVER: In participating in Recreation Programs, sponsored by The City of West Linn, I hereby acknowledge that I understand that there are risks of accidents resulting in bodily harm to me arising out of those activities. I understand that Recreation activities are planned with the safety of the participants in mind. I further acknowledge that I have the physical capacity reasonably necessary to engage in Recreation activity for which I have enrolled. In case of emergency, accident or illness, I give my permission to be treated by a professional medical person and admitted to a hospital if necessary. I agree to be the party responsible for all medical expenses which are incurred in my behalf. It is understood and agreed that the City, its Mayor, City Council, Boards, employees, volunteers and agents shall be held harmless against all claims, damages, loss or expenses including attorney's fees arising out of or resulting from my participation in recreation programs. I agree pictures taken may be used for future promotions.

I have read the above waiver and understand the contents

Proud partner of



SIGNATURE (PARENT OR GUARDIAN)

POSTAL CUSTOMER

MOVIES IN THE PARK

Showing in parks throughout West Linn this summer
Vote now for your favorite movie coming to a park near you!

July 8
Robinwood Park

Sponge Bob
Norm
of the North



July 29
**Marylhurst
Heights Park**

Inside Out
The Good
Dinosaur



August 19
Tanner Creek Park

Minions
Hotel
Transylvania 2



July 22
Midhill Park

Jem and the
Holograms
Pitch perfect 2



August 26
Hammerle Park

Pan
Goosebumps



SPONSORED BY



Kids First Pediatric Clinic, LLC



KELLERWILLIAMS



KinderCare
LEARNING CENTERS



Vote for the movies you want this summer !
Vote online at www.westlinnoregon.gov
Results will be announced on the website June 1st, 2016.