

**FREE PROGRAM OVERVIEW NIGHT**  
MONDAY, FEBRUARY 8<sup>th</sup> 7 – 8 pm at West Linn High School- Room A104



# 6 EASY STEPS TO EXCELLENT HEALTH

- Dr. Ritchey, N.D.  
is offering a free program overview for the 6 Easy Steps to Excellent Health course with  
No Commitment to sign-up!  
Come meet Dr. Ritchey, see what this series is all about and ask questions.

If you would like to attend preview night, please call 503-557-4700 so we will know how many to prepare for!

