



CITY OF
**West
Linn**

The City of West Linn seeks to serve our residents, and can connect you with the resources and services as requested. Please visit our web site at <http://westlinnoregon.gov>, or call (503) 657-0331 for further assistance.

Social Services in West Linn

Learn About Services Available in West Linn/Clackamas County



2012

WEST LINN SERVICES

West Linn Food Pantry

1683 Willamette Falls Dr., West Linn, OR 97068

Phone: (503) 880-8140

West Linn Food Pantry provides food boxes for families in the West Linn area. Home deliveries can be arranged for seniors, individuals who are homebound, or families without transportation. Deliveries are made on the third Thursday of each month. The Pantry is open from 3:00 - 6:00 on Thursdays, and proof of West Linn residency is required.

The Table

<http://www.willamettechurch.com>

**3153 South Brandywine Drive, West Linn, OR
(503) 656-2328**

A community program held at Willamette Christian Church which provides free, no questions asked, meals. **The Friday Table** serves breakfast every Friday from 7:00-8:30 am. **The Sunday Table** serves lunch every Sunday at approximately 12:30-1:00pm. They also offer a way to help meet weekly grocery needs. Please contact foodministry@willamettechurch.com if you are interested in learning more or volunteering.

West Linn Adult Community Center

<http://westlinnoregon.gov/parksrec>

1180 Rosemont Road, West Linn, OR 97068

Phone: (503) 557-4704

Senior Center serving West Linn residents 50 years and older. Services and programs include:

The Children's Center

1713 Penn Lane, Oregon City, OR - (503) 655-7725

Project Pooch

543 3rd Street, Lake Oswego, OR - (503) 697-0623

West Linn Lions Club

19363 Willamette Drive #163, West Linn, OR - (503) 557-7529

OTHER LOCAL SERVICE GROUPS

Big Brothers Big Sisters

18670 Willamette Dr # 100, West Linn, OR - (503) 742-2043

Clackamas Women's Services

704 Main Street #200, Oregon City, OR - (503) 654-2288

Clackamas County Social Services

2051 Kaen Rd, Oregon City, OR - (971) 673-7600

Senior Citizens Council of Clackamas County Inc

812 7th St, Oregon City, OR - (503) 657-1366

Clackamas County WIC Program

999 Library Ct., Oregon City, OR - (503) 655-8476

Casa Clackamas County

2125 Kaen Rd, Oregon City, OR - (503) 722-6715

Homeless Services – The Fathers Heart Street Ministry

8899 SE Jannsen Rd, Clackamas, OR - (503) 722-9780

Northwest Housing Alternatives

2316 SE Willard St, Milwaukie, OR - (503) 654-1007

Big Brothers Big Sisters Columbia Northwest

18654 Willamette Drive, Ste. 104, West Linn, OR - (503) 742-2043

- **Health Services:** Foot clinics scheduled monthly, with nurse providing foot care services for \$25. Free blood pressure checks offered monthly.
- **Recreation/Educational Programs:** Classes, games, exercise, lecture series, and special events, including, bridge, pinochle, gardening, aerobics, woodcarving, yoga, walking group.
- **Meal Program:** Meals-on-Wheels meal program, though Pioneer Center. Also, a congregate hot meal, at the center - "Soup Lunch", served on Mondays; potlucks are held Fridays. Rides, via the Pioneer Community Center bus, can be arranged by calling 657-8287; one week notice is needed.

City of West Linn Utility Bill Assistance

<http://westlinnoregon.gov/finance/utility-billing-1>

22500 Salamo Road, West Linn, OR 97068

Phone: (503) 657-0331

City of West Linn residents whose annual income is below 185% of the poverty guidelines issued each year by the Federal Register by the Department of Health and Human Services (HHS) are eligible for reduced utility bill payments. Contact the West Linn Finance Department.

Neighbors Helping Neighbors

<http://westlinnoregon.gov/nhn>

22500 Salamo Road, West Linn, OR 97068

Phone: (503) 657-0331

A program that aims to help out fellow neighbors who are over 70 years of age, or those who have limited mobility. Volunteers help those in need with a variety of yard services such as: yard clean-up, limited debris removal, and tree/shrub trimming.

CLACKAMAS COUNTY SERVICES

Clackamas County Social Services

<http://www.clackamas.us/socialservices/>

2051 Kaen Road, Oregon City, OR 97045

Phone: (971) 673 7600

The Social Services Division seeks to provide quality services and meaningful opportunities for residents of Clackamas County, including:

- Help find needed community resources and professional services
- Provide support and information to make long-term care decisions
- Assist with activities like housekeeping, laundry, and bathing
- Provide and link to transportation
- Provide food boxes, group meals and home-delivered meals
- Connect to volunteer opportunities
- Provide insurance and tax assistance
- Provide community education opportunities
- Link to guardianship and conservatorship services
- Investigate elder abuse and neglect complaints
- Provide support and information to end homelessness

Prescription Assistance

<http://www.oregon.gov/DHS/healthplan/rxsites.shtml>

- Many of the programs that participate in Healthy Oregon require certification that the individual does not have prescription drug coverage. The DHS **Client Services Unit (CSU)** can provide these certifications. We will mail a certification only to a current or former client or authorized representative listed on the case, at the address shown on the case. The client can then attach this certification to an application for free or reduced-cost drugs.

Moving Forward with Health Reform

<http://www.oregon.gov/OHPPR/>

- Even before federal health reform passed, Oregon had already started working on reform efforts at the state level. Many of these reforms were part of House Bill 2009 and 2116, passed in 2009. Oregon is poised to make significant inroads in reforming the health care delivery system, improving quality, and containing health care costs increases. The state has already taken some notable first steps.

Prevent... Promote... Protect

<http://www.oregon.gov/DHS/ph/index.shtml>

We are working to protect individuals and communities against the spread of disease, injuries, and environmental hazards while promoting and encouraging healthy behaviors. The Public Health Division is prepared to respond to disasters and assist communities in recovery and is dedicated to assuring the quality and accessibility of the State's health services and resources.

WIC: Nutrition for You and Your family

<http://www.oregon.gov/DHS/ph/wic/index.shtml>

Information from Oregon State Website, log on to learn more:

- WIC is the Special Supplemental Nutrition Program for Women, Infants and Children. This public health program is designed to improve health outcomes and influence lifetime nutrition and health behaviors in a targeted, at-risk population. Nutrition education is the cornerstone of the WIC Program.

Temporary Assistance for Domestic Violence Survivors

<http://www.oregon.gov/DHS/abuse/domestic/tadvs.shtml>

Information from Oregon State Website, log on to learn more:

- The program provides temporary financial help to support families whose safety is at risk due to domestic violence. Most often this is when the domestic violence survivor and the children are fleeing domestic violence or at risk of returning to an abusive situation. The program can help with up to \$1200.00 over a 90 day eligibility period. Payments are given directly to the landlord or other service provider.

Family Health

<http://www.oregon.gov/DHS/healthplan/index.shtml>

Information from Oregon State Website, log on to learn more:

- The family health section offers service and care for families, adolescents, children, and newborns. Visit the website to learn how you can be helped.

Clackamas County Community Resource Guide

<http://www.clackamas.us/socialservices/>

Log on to view a complete listing of all County resources.

Safety and Transportation Services

- Protective Services, Gatekeeper Program, Senior Transportation Consortium, Transportation Reaching People (TRP)

Financial Services

- Financial Assistance to Pay for Medical Care, Energy Bill and Gas Payment Assistance, Financial Counseling Volunteers, Volunteers in Tax Assistance (VITA), Senior Health Insurance Benefits Assistance (SHIBA), Health Equipment Loan Program, Rent Assistance Program

Self-Sufficiency and Home Services

- Adult Foster Home Licensing, Home Safety Check, Fair Housing Program, Good Neighbors (minor home repairs), Self-Sufficiency, Oregon Project Independence (OPI), Long-Term Care Services, In-Home Care Services, Senior Companions (SCP), Specialized Housing Information and Referral, Emergency Shelter Program

Other Services and Programs

- Guardian/Conservator Program, Information and Referral Program, Respite Care Services, Clackamas Training Consortium, Disability Advocates Coalition (DAC), Retired Senior and Volunteer Program (RSVP), Veterans Services, Volunteer Connection

LOW COST HOUSING OPTIONS

Low Cost Housing in Clackamas County

<http://www.clackamas.us/socialservices/>

2051 Kaen Road, Oregon City, OR 97045

Phone: (503) 655-8267

<http://www.HousingConnections.org>

Information from Clackamas County Social Services:

- If you have a low income, you may be eligible to receive help with your rent from the federal government. Clackamas County can explain the different programs available, including the Section 8 Voucher Program, Public Housing Projects run by the Housing Authority, and Housing Projects run by private landlords. You can apply for as many programs as you like. Almost all programs have waiting lists. This information is a brief overview of very complicated programs.

Assisted Living Homes in Clackamas County

<http://www.clackamas.us/socialservices/>

Information from Clackamas County Website, log on to learn more:

- Assisted living facilities provide a "social model of care", designed to meet the social needs as well as the medical needs of people requiring placement in a supervised care facility. Costs for care are flexible, depending on the level of care necessary for individuals to maintain their independence.

OREGON STATE D.H.S RESOURCES

Temporary Assistance for Needy Families (TANF)

<http://www.oregon.gov/DHS/assistance/cash/tanf.shtml>

Information from Oregon State Website, log on to learn more:

- The Temporary Assistance for Needy Families (TANF) program provides cash assistance to low-income families with children while they strive to become self-sufficient. The program's goal is to reduce the number of families living in poverty, through employment and community resources. To qualify for TANF, families must have very few assets and little or no income. The current maximum monthly benefit for a family of three is \$528.

Supplemental Nutrition Assistance Program (SNAP)

<http://www.oregon.gov/DHS/assistance/foodstamps/foodstamps.shtml>

Information from Oregon State Website, log on to learn more:

- The Program is to help improve the health and well being of low-income households and individuals by providing them a means to meet their nutritional needs. People do not need to be destitute to qualify for SNAP benefits. In Oregon, the program is administered by the Department of Human Services (DHS) Children, Adults and Families (CAF) Division. The eligibility determination and issuance of benefits are provided through DHS and AAA offices across the state.